

# The First Sunday in Lent

Sunday, 22 February, 2026

9:00 a.m. Low Mass | 11:00 a.m. Litany & Sung Mass



“AND BEHOLD, ANGELS CAME AND MINISTERED UNTO HIM”

S. Bartholomew’s Anglican Church, Regent Park

TORONTO, CANADA

# *Welcome to S. Bart's, Regent Park!*

We're so happy to have you worshipping with us this morning!

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*CELEBRANT & PREACHER*

The Rev'd Dr Walter Hannam,  
*Vicar, S. Bartholomew's*

*CANTOR*

Katherine Hill, BMus, MA

*SUNG BY*

The Choir of S. Bartholomew's

*PARISH ORGANIST*

Fr David Smith

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# Litany & Sung Mass

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IN KEEPING WITH ANCIENT TRADITION, THE ORGAN IS USED ONLY FOR ACCOMPANIMENT DURING LENT, WITH THE EXCEPTION OF LAETARE SUNDAY, THE 4TH SUNDAY OF LENT.

NOTE TO 9 O'CLOCK WORSHIPPERS: PLEASE TURN TO THE INTROIT ON PAGE 6.  
THE EARLY MASS IS SAID RATHER THAN SUNG.

## The Litany in Procession *(11 A.M. ONLY)*

O God the Father, Creator of heaven and earth: have mercy upon us.

*O God the Father, Creator of heaven and earth: have mercy upon us.*

O God the Son, Redeemer of the world: have mercy upon us.

*O God the Son, Redeemer of the world: have mercy upon us.*

O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.

*O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.*

O holy, blessed, and glorious Trinity, three Persons and one God:  
have mercy upon us.

*O holy, blessed, and glorious Trinity, three Persons and one God:  
have mercy upon us.*

Saint Mary, mother of God our Saviour, Jesus Christ: *pray for us.*

All ye holy angels and archangels, and all ye holy orders of blessed  
spirits: *pray for us.*

All ye holy patriarchs and prophets, apostles, martyrs, confessors,  
virgins, and all the blessed company of heaven: *pray for us.*

Remember not, Lord, our offences, nor the offences of our forefathers;  
spare us, good Lord, spare thy people, whom thou hast redeemed  
with thy most precious blood.

*Spare us, good Lord.*

From all evil and mischief; from sin, from the crafts and assaults  
of the devil; from thy wrath, and from everlasting condemnation,  
*Good Lord, deliver us.*

From all blindness of heart; from pride, vainglory, and hypocrisy;  
from envy, hatred, and malice, and all uncharitableness,  
*Good Lord, deliver us.*

From all uncleanness in thought, word, and deed;  
and from all the deceits of the world, the flesh, and the devil,  
*Good Lord, deliver us.*

From lightning and tempest; from earthquake, fire, and flood;  
from plague, pestilence, and famine; from battle and murder,  
and from sudden death,  
*Good Lord, deliver us.*

From all sedition, conspiracy, and rebellion; from all false doctrine,  
heresy, and schism; from hardness of heart, and contempt of thy Word  
and Commandment,  
*Good Lord, deliver us.*

By the mystery of thy holy Incarnation; by thy holy Nativity; by thy  
Baptism, Fasting, and Temptation,  
*Good Lord, deliver us.*

By thine Agony and bloody Sweat; by thy Cross and Passion;  
by thy precious Death and Burial,  
*Good Lord, deliver us.*

By thy glorious Resurrection and Ascension; by thy sending  
of the Holy Spirit; by thy heavenly Intercession;  
and by thy Coming again in glory,  
*Good Lord, deliver us.*

In all times of tribulation; in all times of prosperity;  
in the hour of death, and in the day of judgement,  
*Good Lord, deliver us.*

We sinners do beseech thee to hear us, O Lord God:  
and that it may please thee to rule and govern  
thy holy Church universal in the right way.

*We beseech thee, good Lord.*

To keep and strengthen in the true worshipping of thee, in holiness  
of life, and in devotion to his people, thy servant CHARLES,  
our most gracious King and Governor,

*We beseech thee, good Lord.*

To be his defender and keeper, giving him the victory  
over all his enemies,

*We beseech thee, good Lord.*

To bless and preserve all the Royal Family,

*We beseech thee, good Lord.*

To give to all Bishops, Priests, and Deacons, true knowledge  
and understanding of thy Word; and that both by their preaching  
and living they may set it forth and show it accordingly,

*We beseech thee, good Lord.*

To send forth labourers into thy harvest; to prosper their work  
by thy Holy Spirit; to make thy saving health known unto all nations;  
and to hasten thy kingdom,

*We beseech thee, good Lord.*

To bless the people of our Country and the Commonwealth,  
and to endue those set in authority with grace, wisdom,  
and understanding,

*We beseech thee, good Lord.*

To bless and guide the Judges and Magistrates, giving them grace  
to execute justice, and to maintain truth,

*We beseech thee, good Lord.*

To bless and keep the King's forces by sea, and land, and air,  
and to shield them in all dangers and adversities,  
*We beseech thee, good Lord.*

To give to all nations unity, peace, and concord,  
that they may serve thee without fear,  
*We beseech thee, good Lord.*

To bless and protect all who serve mankind by their labour  
and learning,  
*We beseech thee, good Lord.*

To preserve all that travel, all women labouring of child,  
all sick persons and young children; and to show thy pity upon  
all prisoners and captives,  
*We beseech thee, good Lord.*

To defend, and provide for, all widows and orphans,  
and all who are desolate and oppressed,  
*We beseech thee, good Lord.*

To bless and keep all thy people,  
*We beseech thee, good Lord.*

To give to all thy people increase of grace, to hear meekly thy Word,  
and to receive it with pure affection, and to bring forth the fruit  
of the Spirit,  
*We beseech thee, good Lord.*

To bring into the way of truth all who have erred and are deceived,  
*We beseech thee, good Lord.*

To strengthen such as do stand; to encourage the faint-hearted;  
to raise up those who fall; and finally to beat down Satan under  
our feet,  
*We beseech thee, good Lord.*

To succour, help, and comfort all that are in danger, necessity,  
and tribulation,

*We beseech thee, good Lord.*

To have mercy upon all men,

*We beseech thee, good Lord.*

To give and preserve to our use the kindly fruits of the earth,  
so that in due time we may enjoy them,

*We beseech thee, good Lord.*

To forgive our enemies, persecutors, and slanderers,  
and to turn their hearts,

*We beseech thee, good Lord.*

To give us true repentance; to forgive us all our sins, negligences,  
and ignorances; and to endue us with the grace of thy Holy Spirit,  
to amend our lives according to thy holy Word,

*We beseech thee, good Lord.*

Son of God, we beseech thee to hear us.

*Son of God, we beseech thee to hear us.*

O Lamb of God, that takest away the sin of the world;

*Have mercy upon us.*

O Lamb of God, that takest away the sin of the world;

*Grant us thy peace.*

O Christ, hear us.

*O Christ, hear us.*



# Kyrie Eleison

*Missa Salve Semperque — Mode i*

Musical notation for the Kyrie Eleison. The score is written on a single staff with a treble clef and a common time signature. The lyrics are: Ky-ri-e e- le-i-son. Chri- ste e- le-i-son. Ky-ri-e e- le-i-son. The notation includes a key signature of one flat (B-flat) and a common time signature. The lyrics are written below the staff, with hyphens indicating syllables that span across notes. The performance instructions are: CANTORS ALL CANTORS for the first line, ALL CANTORS ALL for the second line, CANTORS ALL for the third line, and CANTORS CHOIR ALL for the fourth line.

CANTORS  
ALL  
CANTORS } Ky-ri-e e- le-i-son.

ALL  
CANTORS  
ALL } Chri- ste e- le-i-son.

CANTORS  
ALL } Ky-ri-e e- le-i-son.

CANTORS CHOIR ALL  
Ky-ri-e e- le-i-son.

## The Collects

∞ The Lord be with you.

℞ And with thy spirit.

Let us pray. *(PLEASE KNEEL)*

**O**LORD, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory; who livest and reignest with the Father and the Holy Spirit, one God, world without end.

℞ Amen.

Let us pray.

**A**LMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end.

℞ Amen.

## THE LITURGY OF THE WORD

The Epistle: 2 Corinthians 6:1 (*PLEASE BE SEATED*)

The Epistle is written in the sixth chapter of the Second Epistle of Paul the Apostle to the Corinthians, beginning at the first verse.

**W**E then, as workers together with him, beseech you also, that ye receive not the grace of God in vain; (for he saith,

*I have heard thee in a time accepted,  
And in the day of salvation have I succoured thee:*

behold, now is the accepted time; behold, now is the day of salvation;) giving no offence in any thing, that the ministry be not blamed; but in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labours, in watchings, in fastings; by pureness, by knowledge, by long-suffering, by kindness, by the Holy Spirit, by love unfeigned, by the word of truth, by the power of God; by the armour of righteousness on the right hand and on the left; by honour and dishonour, by evil report and good report; as deceivers, and yet true; as unknown, and yet well

known; as dying, and behold, we live; as chastened, and not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

Here endeth the Epistle.

### Gradual — *Angelis suis*

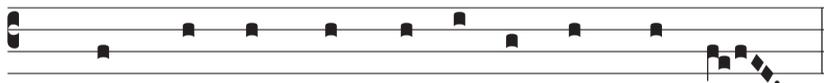
*Psalm 91*

CANTORS: He shall give his Angels charge over thee: \*



PEOPLE: To keep thee in all thy ways.

CANTORS: They shall bear thee in their hands: \*



PEOPLE: That thou hurt not thy foot against a stone.

### Tract — *Qui habitat*

*Psalm 91*



CANTORS: Whoso dwelleth under the defence of the Most High: \*  
shall abide under the shadow of the Almighty.

PEOPLE: I will say unto the Lord,  
Thou art my hope and my **strong**-hold: \*  
my God, in him will **I** trust.

CANTORS: For he shall deliver thee from the snare of the hunter: \*  
and from the noisome pestilence.

PEOPLE: He shall defend thee under his **wings**: \*  
and thou shalt be safe under his **fea**-thers.

CANTORS: His faithfulness and truth shall be thy shield and buckler: \*  
thou shalt not be afraid for any terror by night.

*PEOPLE:* Nor for the arrow that flieth by day;  
for the pestilence that walketh in **dark**-ness: \*  
nor for the sickness that destroyeth in the **noon**-day.

*CANTORS:* A thousand shall fall beside thee,  
and ten thousand at thy right hand: \*  
but it shall not come nigh thee.

*PEOPLE:* For he shall give his angels charge over **thee**: \*  
to keep thee in **all** thy<sup>^</sup>ways.

*CANTORS:* They shall bear thee in their hands: \*  
that thou hurt not thy foot against a stone.

*PEOPLE:* Thou shalt go upon the lion and **ad**-der: \*  
the young lion and the dragon  
shalt thou tread under **thy** feet.

*CANTORS:* Because he hath set his love upon me,  
therefore will I deliver him: \*  
I will set him up, because he hath known my name.

*PEOPLE:* He shall call upon me, and I will **hear** him: \*  
yea, I am with him in **trou**-ble.

*CANTORS:* I will deliver him, and bring him to honour: \*

*PEOPLE:* With long life will I satisfy him,  
and show him my sal-**va**-tion.

### The Holy Gospel: S. Matthew 4:1 (*PLEASE STAND*)

∞ The Lord be with you.

℞ And with thy spirit.

✠ The Holy Gospel is written in the fourth chapter  
of the Gospel according to S. Matthew, beginning  
at the first verse.

℞ Glory be to thee, O Lord.

**T**HEN was Jesus led up by the Spirit into the wilderness, to be  
tempted by the devil. And when he had fasted forty days and

forty nights, he was afterward an-hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written,

*Man shall not live by bread alone,  
But by every word that proceedeth out of the mouth of God.*

Then the devil taketh him up into the holy city, and setteth him on the pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down; for it is written,

*He shall give his angels charge concerning thee,  
And in their hands they shall bear thee up,  
Lest at any time thou dash thy foot against a stone.*

Jesus said unto him, It is written again,

*Thou shalt not tempt the Lord thy God.*

Again, the devil taketh him up into an exceeding high mountain, and showeth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan; for it is written,

*Thou shalt worship the Lord thy God,  
And him only shalt thou serve.*

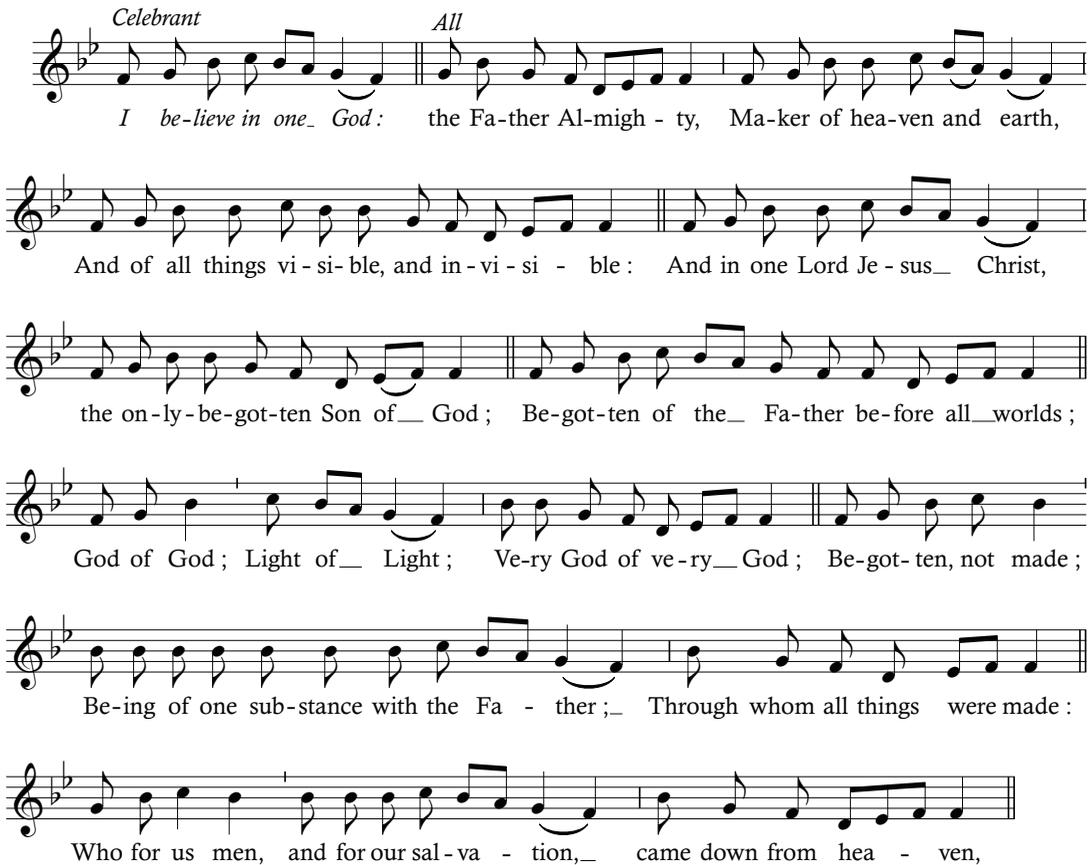
Then the devil leaveth him, and behold, angels came and ministered unto him.

℞ Praise be to thee, O Christ.

# Creed (SAID AT 9 A.M.)

# Monasticus

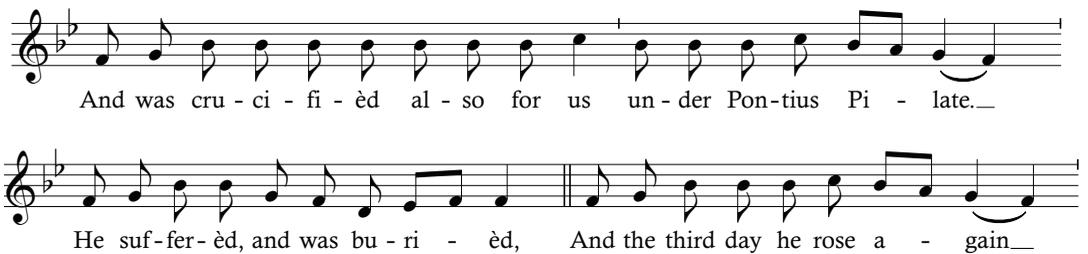
*Celebrant* *All*



I be-lieve in one\_ God: the Fa-ther Al-migh - ty, Ma-ker of hea-ven and earth,  
And of all things vi - si-ble, and in - vi - si - ble: And in one Lord Je - sus\_ Christ,  
the on-ly-be-got-ten Son of\_ God; Be-got-ten of the\_ Fa-ther be-fore all\_ worlds;  
God of God; Light of\_ Light; Ve-ry God of ve-ry\_ God; Be-got-ten, not made;  
Be-ing of one sub-stance with the Fa - ther;\_ Through whom all things were made:  
Who for us men, and for our sal-va - tion,\_ came down from hea - ven,

ALL KNEEL AS THE CHOIR SINGS:

AND WAS INCARNATE BY THE HOLY GHOST  
OF THE VIRGIN MARY, AND WAS MADE MAN:



And was cru - ci - fi - èd al - so for us un - der Pon-tius Pi - late.\_  
He suf-fer - èd, and was bu - ri - èd, And the third day he rose a - gain\_

ac-cord-ing to the Scrip - tures, And as-cend-ed in - to hea - ven, \_

And sit-teth on the right hand of the Fa - ther. And he shall come a-gain with glo - ry

to judge both the quick and the \_ dead : Whose king-dom shall have no \_ end.

And I be-lieve in the Ho - ly Ghost, the Lord, The Gi - ver of \_ Life : \_

Who pro-ceed-eth from the Fa-ther and the \_ Son. Who with the Fa-ther and the Son

to-geth-er is wor-ship-pèd and glo-ri - fi - èd : \_ Who spake by the Pro - phets.

And I be-lieve one Ho - ly Ca - tho - lic and A - pos - to - lic \_ Church.

I ac-know-ledge one Bap - tism \_ for the re - mis-sion of \_ sins.

And I look for the Re - sur - rec - tion of the \_ dead, \_

And the life of the world to \_ come. A - - - men. \_



## English Hymnal N° 73

Forty days and forty nights

*Aus der tiefe*

- 1 *Forty days and forty nights  
Thou wast fasting in the wild;  
Forty days and forty nights  
Tempted, and yet undefiled:*
- 2 *Sunbeams scorching all the day;  
Chilly dew-drops nightly shed;  
Prowling beasts about thy way;  
Stones thy pillow, earth thy bed.*
- 3 *Shall not we thy watchings share,  
And from earthly joys abstain,  
Fasting with unceasing prayer,  
Glad with thee to suffer pain?*
- 4 *And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.*
- 5 *So shall we have peace divine;  
Holier gladness ours shall be;  
Round us too shall Angels shine,  
Such as ministered to thee.*
- 6 *Keep, O keep us, Saviour dear,  
Ever constant by thy side;  
That with thee we may appear  
At the eternal Eastertide.*

**Orate Fratres** (CELEBRANT) (PLEASE KNEEL)

CELEBRANT: Pray, brethren, that this my sacrifice, and yours,  
may be acceptable to God the Father Almighty.

*PEOPLE:* The Lord receive this Sacrifice at thy hands,  
to the praise and glory of his Name, both to our benefit,  
and that of all his holy Church.

### Secrets (Prayers over the Gifts)

**G**RANT, we beseech thee, O Lord, that we which offer unto thee this sacrifice in the beginning of our fast, may use such abstinence from carnal feastings, that we may likewise refrain ourselves from all pleasures that may hurt the soul. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℞ Amen.

**G**RANT, we beseech thee, O Lord, that like as we do by these our oblations bring to remembrance the institution of this holy Sacrament, so we may by thee be enabled to offer the same according to thy will. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℞ Amen.

### Prayer for the Catholic Church (*CELEBRANT*) (*PLEASE REMAIN KNEELING*)

Let us pray for Christ's holy Catholic Church.

**A**LMIGHTY and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**W**E beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant CHARLES our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

**G**IVE grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Andrew our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, † and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

**A**ND we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired. †

**W**E ✠ remember before thee, O Lord, all thy servants departed this life in thy faith and fear: † and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

**G**RANT this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

℞ Amen.

† *HERE THE CELEBRANT REMEMBERS THOSE FOR WHOM HE IS SPECIALLY BOUND TO PRAY, WHO HAVE NOT BEEN MENTIONED IN THE BIDDING OF THE BEDES. YOU MAY REMEMBER THOSE FOR WHOM YOU ARE OFFERING HOLY MASS, OR ANY PERSONS OR CLAIMS FOR WHICH YOU WISH TO PRAY.*

## Confession and Absolution

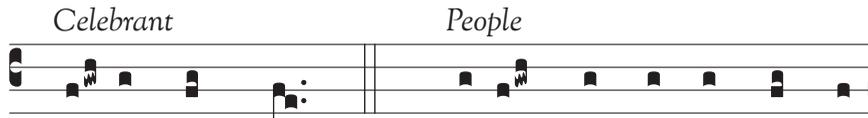
**Y**E that do truly and earnestly repent you of your sins,  
and are in love and charity with your neighbours,  
and intend to lead the new life, following the commandments  
of God, and walking from henceforth in his holy ways:  
Draw near with faith, and take this holy Sacrament  
to your comfort; and make your humble confession  
to Almighty God, meekly kneeling upon your knees.

*Almighty God,*

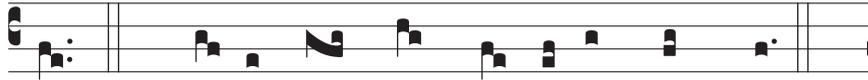
*ALL:* Father of our Lord Jesus Christ,  
Maker of all things, Judge of all men:  
We acknowledge and confess  
our manifold sins and wickedness,  
Which we from time to time  
most grievously have committed,  
By thought, word, and deed,  
Against thy Divine Majesty.  
We do earnestly repent,  
And are heartily sorry for these our misdoings.  
Have mercy upon us, most merciful Father;  
For thy Son our Lord Jesus Christ's sake,  
Forgive us all that is past;  
And grant that we may ever hereafter  
Serve and please thee in newness of life,  
To the honour and glory of thy Name;  
Through Jesus Christ our Lord. Amen.

*CELEBRANT:* Almighty God, our heavenly Father,  
who of his great mercy hath promised forgiveness of sins  
to all them that with hearty repentance  
and true faith turn unto him:  
Have mercy upon you;

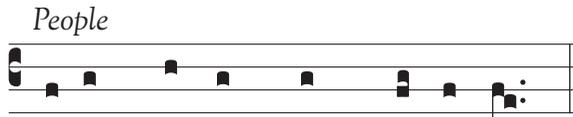




*ψ. Lift up your hearts. - R. We lift them up un-to the*  
*Celebrant*



*Lord. ψ. Let us give thanks un-to our Lord God.-*



*R. It is meet and right so to do.*

**I**T is very meet, right, and our bounden duty,  
that we should at all times, and in all places  
give thanks unto thee, O Lord, Holy Father,  
Almighty, Everlasting God,  
Creator and Preserver of all things.

**B**ECAUSE that by our bodily fasting thou dost restrain  
the vice that is within us, dost raise our minds  
from things of earth, dost renew our strength and reward us  
with manifold blessings. Through Christ our Lord.

**T**HEREFORE with Angels and Archangels,  
and with all the company of heaven,  
we laud and magnify thy glorious Name;  
evermore praising thee and saying:



# CANON OF THE MASS

(CELEBRANT)

**B**LESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

**H**EAR us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

**W**HO, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat;

THIS IS MY BODY WHICH IS GIVEN FOR YOU:  
Do this in remembrance of me."

**L**IKEWISE after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, "Drink ye all, of this;

FOR THIS IS MY BLOOD OF THE NEW COVENANT,  
WHICH IS SHED FOR YOU AND FOR MANY  
FOR THE REMISSION OF SINS:  
Do this, as oft as ye shall drink it,  
in remembrance of me."

**W**HEREFORE, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do

make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded;

**A**ND we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and ✠ heavenly benediction. Through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

R̄ Amen.

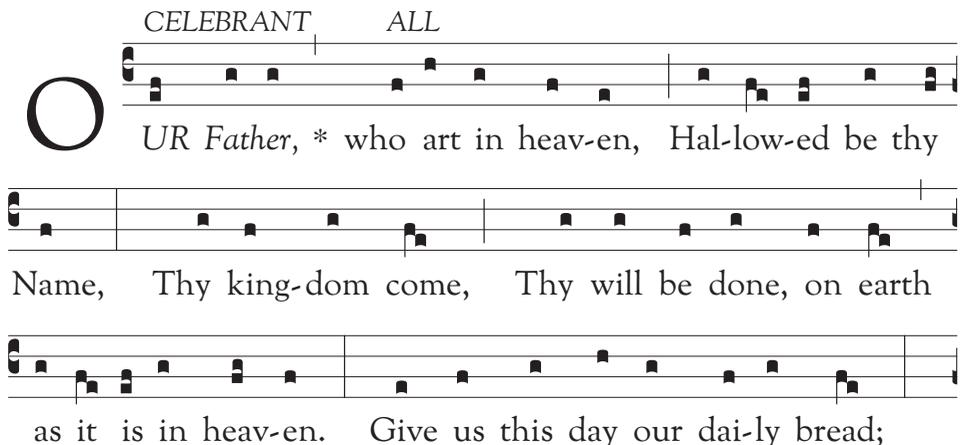
## COMMUNION OF THE FAITHFUL

Pater Noster (SAID AT 9 A.M.)

CELEBRANT: Let us pray.

As our Saviour Christ hath commanded and taught us,  
we are bold to say,

CELEBRANT      ALL



**O** UR Father, \* who art in heav-en, Hal-low-ed be thy  
Name, Thy king-dom come, Thy will be done, on earth  
as it is in heav-en. Give us this day our dai-ly bread;

And for-give us our tres-pass-es, As we for-give them that  
 tres-pass a-against us; And lead us not in-to temp-tation,  
 But de-liv-er us from e-vil. For thine is the king-dom,  
 the pow-er, and the glo-ry, For ev-er and ev-er. A-men.

### Fraction and Pax (SAID AT 9 A.M.)

*Celebrant*

The peace of the Lord be always with you.- R. And with thy spirit.-

### The Prayer of Humble Access

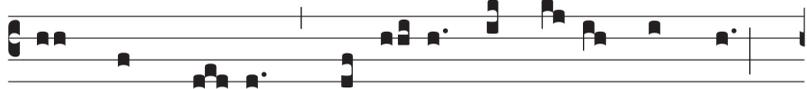
*CELEBRANT:* We do not presume  
*ALL:* to come to this thy Table, O merciful Lord,  
 Trusting in our own righteousness,  
 But in thy manifold and great mercies.  
 We are not worthy  
 So much as to gather up the crumbs under thy Table.  
 But thou art the same Lord,  
 Whose property is always to have mercy:  
 Grant us therefore, gracious Lord,  
 So to eat the Flesh of thy dear Son Jesus Christ,

And to drink his Blood,  
 That our sinful bodies may be made clean by his Body,  
 And our souls washed through his most precious Blood,  
 And that we may evermore dwell in him,  
 And he in us. Amen.

Agnus Dei

Missa Salve Semperque — Mode v

*Cantors* *All*



**A** -GNUS De- i, \* qui tol-lis pec-ca-ta mun-di:

*Cantors* *All*

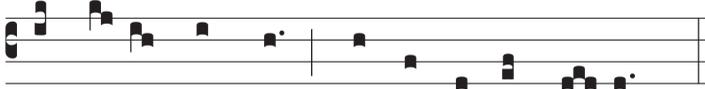


mi-se-re-re no-bis. Agnus De- i, \* qui tol-lis pec-ca-ta

*Cantors* *All*



mun-di: mi-se-re-re no-bis. Agnus De- i, \* qui tol-lis



pec-ca-ta mun-di: do-na no-bis pa-cem.





but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

℞ Amen.

### Post-Communion Collects

℣ The Lord be with you.

℞ And with thy spirit.

Let us pray. (*PLEASE KNEEL*)

**G**RANT, O Lord, that this holy Sacrament, which we have received, may in such wise deliver us from our former nature: that we may be worthy to enter into the fellowship of thy saving mysteries. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℞ Amen.

**W**E beseech thee, O Lord, mercifully to protect us who have now received this holy Sacrament: that this our fast may be acceptable in thy sight and profitable unto us for the healing of our souls. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℞ Amen.

### Blessing (*CELEBRANT*)

**T**HE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

℞ Amen.

## Dismissal

☩ The Lord be with you.

☩ And with thy spirit.



☩ Let us bless- the Lord.



☩ Thanks- be to God.

## The Last Gospel: S. John 1:1 *(PLEASE STAND)*

☩ The Lord be with you.

☩ And with thy spirit.

✠ The beginning of the Holy Gospel according to John.

☩ Glory be to thee, O Lord.

**I**N the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him: and without him was not any thing made that was made: in him was life, and the life was the light of men: and the light shineth in darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his Name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. *(ALL KNEEL)* **AND THE WORD WAS MADE FLESH** *(ALL RISE)*, and dwelt among us, and we

beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

℟️ Thanks be to God.

## DEVOTIONS AFTER MASS

Angelus (11 A.M. ONLY)

℣️ The Angel of the Lord brought tidings to Mary.

℟️ And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

℣️ Behold the handmaid of the Lord.

℟️ Be it unto me according to thy word.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

℣️ And the Word was made flesh.

℟️ And dwelt among us.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

℣️ Pray for us, O holy Mother of God.

℟️ That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts;  
that as we have known the Incarnation of thy Son Jesus Christ  
by the message of an angel, so by his Cross ✠ and Passion,  
we may be brought unto the glory of his Resurrection.  
Through the same Christ our Lord.

℟ Amen.

### English Hymnal N° 484

Take up thy cross, the Saviour said

Breslau

*Take up thy cross, the Saviour said,  
If thou wouldst my disciple be;  
Deny thyself, the world forsake,  
And humbly follow after me.*

*Take up thy cross; let not its weight  
Fill thy weak spirit with alarm;  
His strength shall bear thy spirit up,  
And brace thy heart, and nerve thine arm.*

*Take up thy cross, nor heed the shame,  
Nor let thy foolish pride rebel;  
The Lord for thee the Cross endured,  
To save thy soul from death and hell.*

*Take up thy cross then in his strength,  
And calmly every danger brave;  
'Twill guide thee to a better home,  
And lead to victory o'er the grave.*

*Take up thy cross, and follow Christ,  
Nor think till death to lay it down;  
For only he who bears the cross  
May hope to wear the glorious crown.*

*To thee, great Lord, the One in Three,  
All praise for evermore ascend;*

*O grant us in our Home to see  
The heavenly life that knows no end.*

## OUR LENTEN MASS SETTING

Our mass setting for the season of Lent uses ancient melodies dating back to the 10th and the 13th centuries. The title of the mass, *Salve semperque* ('Hail, and evermore...'), refers to additional text and music, known as a trope, that was sometimes added into *Kyries* in the middle ages. The trope always made sense with the main text, and in the case of our mass added to the main text, 'Lord, have mercy,' in this way: *Lord, hail to thee, and evermore, on those present here, have mercy.* Although we are not singing the troped version, the reference to it has remained as a way of distinguishing the *Kyrie* melody from others; hence the title *Missa Salve semperque*.



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S. Bartholomew's Anglican Church,  
Regent Park

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