

# The Sunday called Sexagesima

Sunday 8 February 2026

9:00 a.m. Low Mass | 11:00 a.m. Sung Mass



“THE SEED IS THE WORD OF GOD”

S. Bartholomew's Anglican Church, Regent Park

TORONTO, CANADA

# *Welcome to S. Bart's, Regent Park!*

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*CELEBRANT & PREACHER*

The Rev'd Dr Walter Hannam,  
*Vicar, S. Bartholomew's*

*CANTRIX & CHOIR DIRECTOR*

Katherine Hill, BMus, MA

*SUNG BY*

The Choir of S. Bartholomew's

*PARISH ORGANIST*

Fr David Smith

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# Sung Mass

NOTE TO 9 O'CLOCK WORSHIPPERS: PLEASE TURN TO THE INTROIT ON PAGE 3.  
THE EARLY MASS IS SAID RATHER THAN SUNG.

## Prelude

PLEASE STAND WHEN THE BELL RINGS.  
THE PEOPLE REMAIN STANDING UNTIL THE INTROIT.

## DEVOTIONS BEFORE MASS

### Asperges

*CELEBRANT* *All*



Thou shalt purge me,\* O Lord, with hys-sop, and I shall be clean :



thou shalt wash me, and I shall be whi-ter than snow.

*Cantor* *All*



*Ps. 51.* Have mer-cy up-on me, O God :\* af-ter thy great good-ness.

*Cantor*



Glo-ry be to the Fa-ther, and to the Son, and to the Ho-ly Ghost :\*

*All*

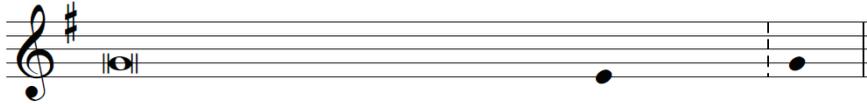


As it was in the be-gin-ning, is now, and ev-ver shall be :



world with-out end. A-men.

*Repeat Antiphon:*  
*Thou shalt purge me...*



∇ O Lord, show thy mercy up - on us.  
℞ And grant us thy salva - tion.  
∇ O Lord, hear our prayer.  
℞ And let our cry come un - to thee.  
∇ The Lord be with you.  
℞ And with thy spi - rit.

Let us pray.

**G**RACIOUSLY hear us, O Lord, holy Father Almighty, everlasting God: and vouchsafe to send thy holy Angel from heaven; to guard and cherish, to protect and visit, and to defend all who dwell in this thy holy habitation. Through Christ our Lord.

℞ Amen.

## English Hymnal N° 257

Awake, my soul, and with the sun

*Morning Hymn*

*Awake, my soul, and with the sun  
Thy daily stage of duty run;  
Shake off dull sloth, and joyful rise  
To pay thy morning sacrifice.*

*Redeem thy mis-spent time that's past  
live this day as if 'twere thy last:  
Improve thy talent with due care;  
For the great Day thyself prepare.*

*Let all thy converse be sincere,  
Thy conscience as the noon-day clear;  
Think how all-seeing God thy ways  
And all thy secret thoughts surveys.*

*By influence of the light Divine  
Let thy own light in good works shine;  
Reflect all heaven's propitious ways  
In ardent love and cheerful praise.*

*Praise God, from whom all blessings flow,  
Praise him, all creatures here below,  
Praise him above, ye heavenly host,  
Praise Father, Son, and Holy Ghost. Amen.*

## THE MASS OF THE CATECHUMENS

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### THE ENTRANCE RITES

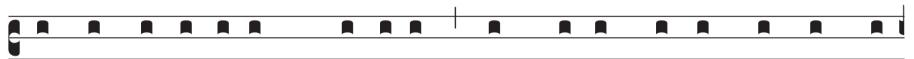
**Introit** — *Exsurge, quare* (PLEASE KNEEL)

*Psalm 44*

CANTORS: Arise, O Lord, wherefore sleepest thou?  
awake, and cast us not away for ever: \*



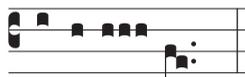
ALL: Where-fore hidest thou thy countenance, and forgettest



our adversi-ty and mi-sery? our belly cleaveth unto the



ground; a-rise and save us, O Lord, our helper and our



de-liver- er.

CANTORS: O God, we have heard with our ears: \*



ALL: Our fa-ters have told us.

CANTORS: Glory be to the Father, and to the Son, and to the Holy Ghost; \*

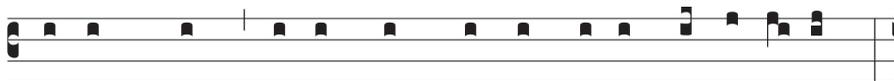


ALL: As it was in the beginning, is now and ev-er shall be,

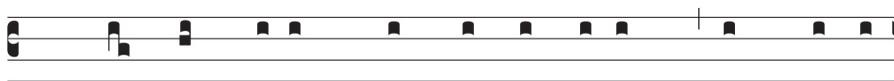
ANTIPHON



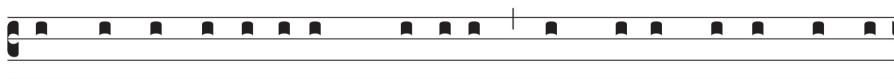
world with-out end. A-men A- rise, O Lord, wherefore



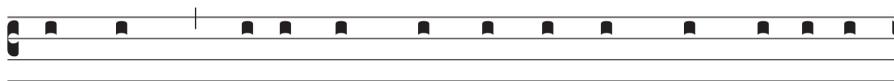
sleepest thou? awake, and cast us not a-way for ev-er:



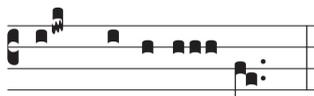
Where-fore hidest thou thy countenance, and forget-



test our adversi-ty and mi-sery? our belly cleaveth unto



the ground; a-rise and save us, O Lord, our helper and



our de-liver- er.

*CELEBRANT:* Our Father,  
Who art in heaven,  
Hallowed be thy Name,  
Thy kingdom come,  
Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
And forgive us our trespasses,  
As we forgive them that trespass against us;  
And lead us not into temptation,  
But deliver us from evil. Amen.

Almighty God,  
unto whom all hearts be open,  
all desires known, and from whom no secrets are hid:  
Cleanse the thoughts of our hearts  
by the inspiration of thy Holy Spirit,  
that we may perfectly love thee,  
and worthily magnify thy holy Name;  
through Christ our Lord.

℟ Amen.

## The Summary of the Law

*CELEBRANT:* Our Lord Jesus Christ said:  
Hear O Israel, The Lord our God is one Lord;  
and thou shalt love the Lord thy God with all thy heart,  
and with all thy soul, and with all thy mind,  
and with all thy strength.  
This is the first and great commandment  
And the second is like unto it:  
Thou shalt love thy neighbour as thyself.

On these two commandments  
hang all the Law and the Prophets.

*ALL:* Lord, have mercy upon us,  
and write both these thy laws in our hearts, we beseech thee.

Kyrie Eleison (*CHOIR*)      *Mass of the Holy Cross—Healey Willan (1961)*

Kyrie eleison.              *Lord, have mercy.*  
Christe eleison.          *Christ, have mercy.*  
Kyrie eleison.              *Lord, have mercy.*

### The Collect

☩ The Lord be with you.  
☩ And with thy spirit.

Let us pray. (*PLEASE KNEEL*)

**O**LORD God, who seest that we put not our trust in any thing that we do: Mercifully grant that by thy power we may be defended against all adversity. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end.

☩ Amen.

## THE LITURGY OF THE WORD

The Epistle: 2 Corinthians 11:21 (*PLEASE BE SEATED*)

The Epistle is written in the eleventh chapter of the Second Epistle of Paul the Apostle to the Corinthians, beginning at the twenty-first verse.

**W**HEREINSOEVER any is bold, (I speak foolishly,) I am bold also. Are they Hebrews? so am I. Are they Israelites? so am I. Are they the seed of Abraham? so am I. Are they ministers of

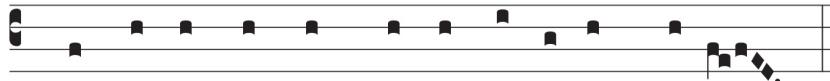
Christ? (I speak as a fool,) I am more: in labours more abundant; in stripes above measure; in prisons more frequent; in deaths oft. Of the Jews five times received I forty stripes save one; thrice was I beaten with rods; once was I stoned; thrice I suffered shipwreck; a night and a day I have been in the deep; in journeyings often; in perils of waters; in perils of robbers; in perils by mine own countrymen; in perils by the heathen; in perils in the city; in perils in the wilderness; in perils in the sea; in perils among false brethren; in weariness and painfulness; in watchings often; in hunger and thirst; in fastings often; in cold and nakedness; besides those things that are without, that which cometh upon me daily, the care of all the churches. Who is weak, and I am not weak? who is offended, and I burn not? If I must needs glory, I will glory of the things which concern mine infirmities. The God and Father of our Lord Jesus Christ, which is blessed for evermore, knoweth that I lie not.

Here endeth the Epistle.

**Gradual** — *Sciunt gentes*

*Psalm 83*

*CANTORS:* Let the nations know that thou, whose Name is Jehovah: \*



*ALL:* Art only the Most Highest o-ver all the earth.

*CANTORS:* O my God, make them like unto a wheel: \*

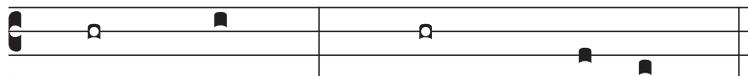


*ALL:* And as the stub-ble be-fore the wind.

## Tract — *Commovisti*

*Psalm 60*

(9 A.M.—READ BY THE CELEBRANT)



CANTORS: Thou hast movèd the land, O Lord: \* and divided it.

ALL: Heal the sores there-**of**: \* for it **shak**-eth.

CANTORS: That they may triumph because of the truth:

ALL: That thy belovèd may be de-**liv**-er^èd.

The Holy Gospel: S. Luke 8:4 (*PLEASE STAND*)

∞ The Lord be with you.

℞ And with thy spirit.

✠ The Holy Gospel is written in the eighth chapter of the Gospel according to S. Luke, beginning at the fourth verse.

℞ Glory be to thee, O Lord.

**W**HEN much people were gathered together, and were come to him out of every city, he spake by a parable: A sower went out to sow his seed; and as he sowed, some fell by the way-side, and it was trodden down, and the fowls of the air devoured it. And some fell upon a rock, and as soon as it was sprung up, it withered away, because it lacked moisture. And some fell among thorns, and the thorns sprang up with it, and choked it. And other fell on good ground, and sprang up, and bare fruit an hundred-fold. And when he had said these things, he cried, He that hath ears to hear, let him hear. And his disciples asked him, saying, What might this parable be? And he said, Unto you it is given to know the mysteries of the kingdom of God: but to others in parables; that seeing they might not see, and hearing they might not understand. Now the parable is this: The seed is the word of God. Those by the way-side are they that hear; then cometh the devil, and taketh away the word out of their hearts, lest they should believe, and be saved. They on the rock

are they which, when they hear, receive the word with joy; and these have no root, which for a while believe, and in time of temptation fall away. And that which fell among thorns are they which, when they have heard, go forth, and are choked with cares, and riches, and pleasures of this life, and bring no fruit to perfection. But that on the good ground are they which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience.

℞ Praise be to thee, O Christ.

Creed (PLEASE STAND) (SAID AT 9 A.M.)

*Authenticus*

I BE-LIEVE in one God The Fa-ther Al-migh-ty, Ma-ker of hea-ven and earth,  
 And of all things vi - si-ble and in - vi - si - ble: And in one Lord Je-sus Christ,  
 the on-ly be-got-ten Son of God, Be - got-ten of the Fa-ther be-fore all worlds;  
 God of God; Light of Light; Ve-ry God of Ve-ry God; Be - got-ten, not made;  
 Be - ing of one sub-stance with the Fa-ther; Through whom all things were made:  
 Who for us men and for our sal - va - tion came down from hea - ven:

ALL KNEEL AS THE CHOIR SINGS:

AND WAS INCARNATE BY THE HOLY GHOST  
 OF THE VIRGIN MARY, AND WAS MADE MAN:

And was cru - ci - fi - ed al - so for us un - der Pon - tius Pi - late,

He\_\_ suf - fer - èd and was bu - ri - èd, And the third day he rose a - gain\_\_

ac - cord - ing to the Scrip - tures, And a - scen - ded in - to hea - ven,

And sit - teth on the right hand of the Fa - ther. And he shall come a - gain with glo - ry

to\_\_ judge both the quick and the dead: Whose king - dom shall have no end.

And I be - lieve in the Ho - ly Ghost, the Lord,\_\_ The\_\_ gi - ver of Life,

Who pro - ceed - eth from the Fa - ther and the Son, Who with the Fa - ther and the Son to - ge - ther

is\_\_ wor - shipp'd and glo - ri - fi - èd, Who spake by the Pro - phets. And I be - lieve One,

Ho - ly, Ca - tho - lic\_\_ and\_\_ Ap - os - to - lic\_\_ Church. I ac - know - ledge one Bap - tism

for the re - mis - sion of sins: And I look for the Re - sur - rec - tion of the dead,

And the Life of the world\_\_ to come. A - - - men\_\_



## English Hymnal N° 298

Thou art, O God, the life and light

*New 113th*

*Thou art, O God, the life and light  
Of all this wondrous world we see;  
Its glow by day, its smile by night,  
Are but reflections caught from thee:  
Where'er we turn, thy glories shine,  
And all things fair and bright are thine.*

*When day with farewell beam delays  
Among the opening clouds of even,  
And we can almost think we gaze  
Through golden vistas into heaven, —  
Those hues that make the sun's decline  
So soft, so radiant, Lord, are thine.*

*When night with wings of starry gloom  
Oershadows all the earth and skies,  
Like some dark beauteous bird whose plume  
Is sparkling with unnumbered eyes, —  
That sacred gloom, those fires divine,  
So grand, so countless, Lord, are thine.*

*When youthful spring around us breathes,  
Thy Spirit warms her fragrant sigh,  
And every flower the summer wreathes  
Is born beneath that kindling eye, —  
Where'er we turn, thy glories shine,  
And all things fair and bright are thine.*

**Orate Fratres** (CELEBRANT) (PLEASE KNEEL)

CELEBRANT: Pray, brethren, that this my sacrifice, and yours,  
may be acceptable to God the Father Almighty.

*PEOPLE:* The Lord receive this Sacrifice at thy hands,  
to the praise and glory of his Name, both to our benefit,  
and that of all his holy Church.

Secret (Prayer over the Gifts)

**W**E beseech thee, O Lord, that this sacrifice, which  
we offer unto thee, may evermore avail to quicken  
and defend us. Through Jesus Christ our Lord, who liveth  
and reigneth with thee and the Holy Spirit, one God, world  
without end.

℞ Amen.

Prayer for the Catholic Church (*CELEBRANT*) (*PLEASE REMAIN KNEELING*)

Let us pray for Christ's holy Catholic Church.

**A**Lmighty and everliving God, who by thy holy Apostle hast  
taught us to make prayers and supplications, and to give thanks,  
for all men: We humbly beseech thee most mercifully to accept our  
alms and oblations, and to receive these our prayers, which we offer  
unto thy Divine Majesty; beseeching thee to inspire continually the  
universal Church with the spirit of truth, unity, and concord: And  
grant that all they that do confess thy holy Name may agree in the  
truth of thy holy Word, and live in unity and godly love.

**W**E beseech thee also to lead all nations in the way of  
righteousness; and so to guide and direct their governors  
and rulers, that thy people may enjoy the blessings of freedom  
and peace: And grant unto thy servant CHARLES our King, and  
to all that are put in authority under him, that they may truly  
and impartially administer justice, to the maintenance of thy true  
religion and virtue.

**G**IVE grace, O heavenly Father, to all Bishops, Priests, and  
Deacons, and specially to thy servant Andrew our Bishop, that

they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, † and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

**A**ND we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired. †

**W**E ✠ remember before thee, O Lord, all thy servants departed this life in thy faith and fear: † and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

**G**RANT this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

R̄ Amen.

† *HERE THE CELEBRANT REMEMBERS THOSE FOR WHOM HE IS SPECIALLY BOUND TO PRAY, WHO HAVE NOT BEEN MENTIONED IN THE BIDDING OF THE BEDES. YOU MAY REMEMBER THOSE FOR WHOM YOU ARE OFFERING HOLY MASS, OR ANY PERSONS OR CLAIMS FOR WHICH YOU WISH TO PRAY.*

## Confession and Absolution

**Y**E that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*Almighty God,*

*ALL:* Father of our Lord Jesus Christ,  
Maker of all things, Judge of all men:  
We acknowledge and confess  
our manifold sins and wickedness,  
Which we from time to time  
most grievously have committed,  
By thought, word, and deed,  
Against thy Divine Majesty.  
We do earnestly repent,  
And are heartily sorry for these our misdoings.  
Have mercy upon us, most merciful Father;  
For thy Son our Lord Jesus Christ's sake,  
Forgive us all that is past;  
And grant that we may ever hereafter  
Serve and please thee In newness of life,  
To the honour and glory of thy Name;  
Through Jesus Christ our Lord. Amen.

*CELEBRANT:* Almighty God, our heavenly Father,  
who of his great mercy hath promised forgiveness of sins  
to all them that with hearty repentance  
and true faith turn unto him:  
Have mercy upon you;  
✠ pardon and deliver you from all your sins;  
confirm and strengthen you in all goodness;  
and bring you to everlasting life;  
through Jesus Christ our Lord.  
℟ Amen.

Hear what comfortable words our Saviour Christ saith  
unto all that truly turn to him.

**C**OME unto me all that labour and are heavy laden,  
and I will refresh you. *S. Matthew 11:28*

God so loved the world, that he gave his only-begotten Son,  
to the end that all that believe in him should not perish,  
but have eternal life. *S. John 3:16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received,  
that Christ Jesus came into the world to save sinners.

*1 Timothy 1:15*

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father,  
Jesus Christ the righteous;  
and he is the propitiation for our sins. *1 S. John 2:1,2*

## CONSECRATION AND OBLATION

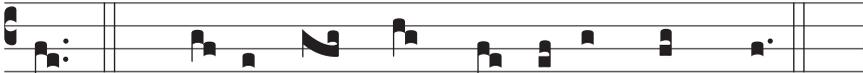
### Sursum Corda and Preface

<i>Celebrant</i>	<i>People</i>
	

*ψ. The Lord be with you.    R̄. And with thy spi-rit.*

<i>Celebrant</i>	<i>People</i>
	

*ψ. Lift up your hearts. -    R̄. We lift them up un-to the*

<i>Celebrant</i>


*Lord.    ψ. Let us give thanks un-to our Lord God.-*

People



℞. It is meet and right so to do.

**I**T is very meet, right, and our bounden duty,  
that we should at all times, and in all places  
give thanks unto thee, O Lord, Holy Father,  
Almighty, Everlasting God,  
Creator and Preserver of all things.

**T**HEREFORE with Angels and Archangels,  
and with all the company of heaven,  
we laud and magnify thy glorious Name;  
evermore praising thee and saying:

Sanctus and Benedictus

(CHOIR)

*Mass of the Holy Cross*  
—Healey Willan (1961)

*HOLY, Holy, Holy, Lord God of hosts,  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.*

✠ *BLESSED is he that cometh in the Name of the Lord:  
Hosanna in the highest.*

# CANON OF THE MASS

*(CELEBRANT)*

**B**LESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

**H**EAR us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

**W**HOO, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat;

THIS IS MY BODY WHICH IS GIVEN FOR YOU:  
Do this in remembrance of me."

**L**IKEWISE after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, "Drink ye all, of this;

FOR THIS IS MY BLOOD OF THE NEW COVENANT,  
WHICH IS SHED FOR YOU AND FOR MANY  
FOR THE REMISSION OF SINS:  
Do this, as oft as ye shall drink it,  
in remembrance of me."

WHEREFORE, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded;

AND we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and ✠ heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

R̄ Amen.

## COMMUNION OF THE FAITHFUL

Pater Noster *(SAID AT 9 A.M.)*

CELEBRANT: Let us pray.

As our Saviour Christ hath commanded and taught us,  
we are bold to say,

	CELEBRANT	ALL	
O			
	UR Father, * who art in heav-en, Hal-low-ed be thy		
	Name, Thy king-dom come, Thy will be done, on earth		

as it is in heav-en. Give us this day our dai-ly bread;

And for-give us our tres-pass-es, As we for-give them that

tres-pass a-gainst us; And lead us not in-to temp-tation,

But de-liv-er us from e-vil. For thine is the king-dom,

the pow-er, and the glo-ry, For ev-er and ev-er. A-men.

### Fraction and Pax *(SAID AT 9 A.M.)*

*Celebrant*

The peace of the Lord be always with you.- *℞* And with thy spirit.-

### The Prayer of Humble Access

*CELEBRANT:* We do not presume

*ALL:* to come to this thy Table, O merciful Lord,  
Trusting in our own righteousness,  
But in thy manifold and great mercies.

We are not worthy

So much as to gather up the crumbs under thy Table.  
But thou art the same Lord,



ALL CHRISTIANS WHO HAVE BEEN BAPTISED WITH WATER IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY GHOST, AND ARE COMMUNICANT MEMBERS OF THEIR OWN CHURCHES, ARE WELCOME TO RECEIVE THE HOLY COMMUNION.

THE SACRED HOST WILL BE PLACED UPON YOUR TONGUE OR IN THE PALM OF YOUR RIGHT HAND. IF YOU WISH TO RECEIVE A BLESSING, PLEASE FOLD YOUR ARMS ACROSS YOUR CHEST TO SIGNIFY THIS TO THE PRIEST.

SHOULD YOU BE UNABLE TO MANAGE STEPS, HOLY COMMUNION CAN BE ADMINISTERED AT YOUR PEW. PLEASE ASK ONE OF THE SIDESMEN, WHO WILL BE HAPPY TO ASSIST YOU.

*THE FIRST PRAYER-BOOK EXHORTATION ENCOURAGES US TO RECEIVE THE SACRAMENT IN FAITH AND REPENTANCE, 'DISCERNING THE LORD'S BODY':*

## **English Hymnal N° 316**

Just as I am, without one plea

*Saffron Walden*

(PLEASE REMAIN KNEELING OR SEATED)

*Just as I am, without one plea  
But that thy Blood was shed for me,  
And that thou bidd'st me come to thee,  
O Lamb of God, I come.*

*Just as I am, though tossed about  
With many a conflict, many a doubt,  
Fightings within, and fears without,  
O Lamb of God, I come.*

*Just as I am, poor, wretched, blind;  
Sight, riches, healing of the mind,  
Yea all I need, in thee to find,  
O Lamb of God, I come.*

*Just as I am, thou wilt receive,  
Wilt welcome, pardon, cleanse, relieve:  
Because thy promise I believe,  
O Lamb of God, I come.*

*Just as I am (thy love unknown  
Has broken every barrier down),*

*Now to be thine, yea, thine alone,  
O Lamb of God, I come.*

*Just as I am, of that free love  
The breadth, length, depth, and height to prove,  
Here for a season, then above,  
O Lamb of God, I come.*

**Communion Motet** (CHOIR)

*Michael Haydn  
(1737-1806)*

*O esca viatorum*

*O esca viatorum,  
O panis angelorum,  
O manna caelitem,  
Esurientes ciba,  
Dulcedine non priva  
Corda quaerentium.*

*O lympa, fons amoris,  
Qui puro Salvatoris  
E corde profluis.  
Te sitientes pota,  
Haec sola nostra vota,  
His una sufficis.*

*O Jesu, tuum vultum,  
Quem colimus occultum  
Sub panis specie.  
Fac, ut remoto velo,  
Post libera in caelo  
Cernamus facie.*

*O food of men wayfaring,  
The Bread of Angels sharing,  
O Manna from on high!  
We hunger; Lord, supply us,  
Nor thy delights deny us,  
Whose hearts to thee draw nigh.*

*O Stream of love past telling,  
O purest Fountain, welling  
From out the Saviour's side!  
We faint with thirst; revive us,  
Of thine abundance give us  
And all we need provide.*

*O Jesu, by thee bidden,  
We here adore thee, hidden  
'Neath forms of bread and wine.  
Grant when the veil is riven,  
We may behold, in heaven,  
Thy countenance divine.*

# THANKSGIVING

## Post-Communion Thanksgiving

Let us pray. *(PLEASE KNEEL)*

**A**LMIGHTY and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

℞ Amen.

## Post-Communion Collect

℣ The Lord be with you.

℞ And with thy spirit.

Let us pray. *(PLEASE KNEEL)*

**W**E humbly beseech thee, Almighty God: that we whom thou dost vouchsafe to regenerate with thy holy sacraments; may continually serve thee in all virtuous and godly living. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℞ Amen.

Blessing *(CELEBRANT)*

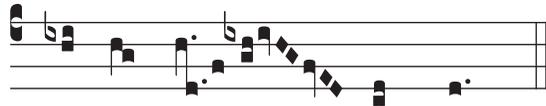
**T**HE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

℞ Amen.

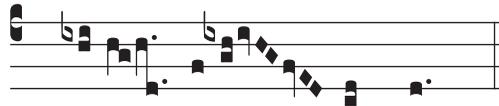
Dismissal

∿ The Lord be with you.

℞ And with thy spirit.



∿ Let us bless the Lord.



℞ Thanks be to God.

The Last Gospel: S. John 1:1 *(PLEASE REMAIN STANDING)*

∿ The Lord be with you.

℞ And with thy spirit.

✠ The beginning of the Holy Gospel according to John.

℞ Glory be to thee, O Lord.

**I**N the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made through him: and without him was not any thing made that was made: in him was life, and the life was the light of men: and the light shineth in darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light,

that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made through him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his Name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (ALL KNEEL) AND THE WORD WAS MADE FLESH (ALL RISE), and dwelt among us, and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

R̄ Thanks be to God.

## DEVOTIONS AFTER MASS

### Angelus



*CELEBRANT:*

1. The Angel of the Lord brought tidings to Mary,
2. Behold, the handmaid of the Lord;
3. And the Word was made flesh,

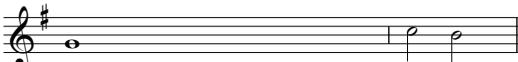


*ALL:*

1. And she conceived by the Ho - ly Ghost.
2. Be it unto me ac - cord - ing to thy word.
3. And dwelt a - mong - us.



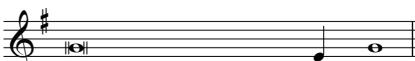
*CELEBRANT:* Hail Mary, full of grace, the Lord is with thee. Blessèd art thou among women,



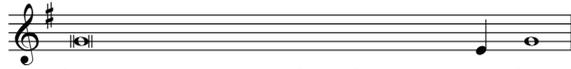
and blessèd is the fruit of thy womb, Je - sus.



*ALL:* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.



*CELEBRANT:* Pray for us, O holy Mother of God.



*ALL:* That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts;  
that as we have known the Incarnation of thy Son Jesus Christ  
by the message of an angel, so by his Cross ✠ and Passion,  
we may be brought unto the glory of his Resurrection.  
Through the same Christ our Lord.



*ALL:* A - men.

## Postlude



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S. Bartholomew's Anglican Church,  
Regent Park

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