

# The Third Sunday in Lent

Sunday, 23 March 2025

9:00 a.m. Low Mass | 11:00 a.m. Sung Mass



“IF I BY THE FINGER OF GOD CAST OUT DEVILS,  
NO DOUBT THE KINGDOM OF GOD HATH COME UPON YOU”

S. Bartholomew’s Anglican Church, Regent Park

TORONTO, CANADA

# *Welcome to S. Bart's, Regent Park!*

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*CELEBRANT & PREACHER*

The Rev'd Dr Walter Hannam,  
*Vicar, S. Bartholomew's*

*CANTOR*

Katherine Hill, BMus, MA

*SUNG BY*

The Choir of S. Bartholomew's

*PARISH ORGANIST*

Fr David Smith

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# Sung Mass

IN KEEPING WITH ANCIENT TRADITION, THE ORGAN IS USED ONLY FOR ACCOMPANIMENT DURING LENT, WITH THE EXCEPTION OF LAETARE SUNDAY, THE 4TH SUNDAY OF LENT.


NOTE TO 9 O'CLOCK WORSHIPPERS: PLEASE TURN TO THE INTROIT ON PAGE 3.  
THE EARLY MASS IS SAID RATHER THAN SUNG.

PLEASE STAND WHEN THE BELL RINGS.  
THE PEOPLE REMAIN STANDING UNTIL THE INTROIT.


## DEVOTIONS BEFORE MASS

### Asperges

*Cantor* *All*

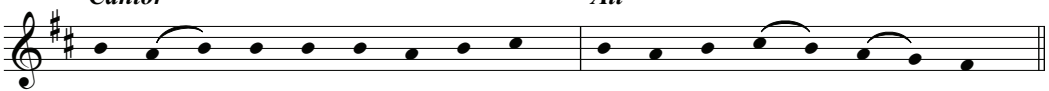


Thou shalt purge me,\* O Lord, with hys-sop, and I shall be clean :




thou shalt wash me, and I shall be whi - ter than snow.

*Cantor* *All*



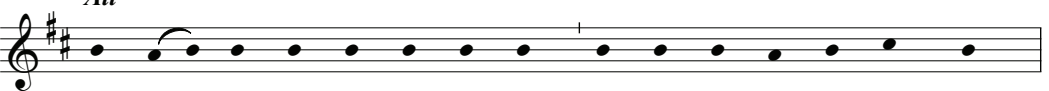
*Ps. 51.* Have mer - cy up - on me, O God : af - ter thy great good - ness.

*Cantor*




Glo - ry be to the Fa-ther, and to the Son, and to the Ho - ly Ghost :\*

*All*

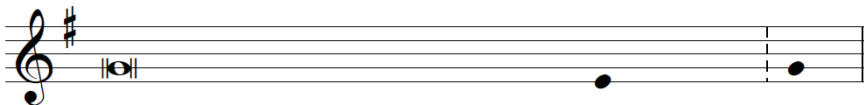


As it was in the be - gin - ning, is now, and e - ver shall be :



world with - out end. A - men.

*Repeat Antiphon:*  
*Thou shalt purge me...*



℣ O Lord, show thy mercy up - on us.  
℟ And grant us thy salva - tion.  
℣ O Lord, hear our prayer.  
℟ And let our cry come un - to thee.  
℣ The Lord be with you.  
℟ And with thy spi - rit.

Let us pray.

**G**RACIOUSLY hear us, O Lord, holy Father Almighty, everlasting God: and vouchsafe to send thy holy Angel from heaven; to guard and cherish, to protect and visit, and to defend all who dwell in this thy holy habitation. Through Christ our Lord.

℟ Amen.

## English Hymnal N° 68

The glory of these forty days

*Erhalt' uns, Herr*

*The glory of these forty days*

*We celebrate with songs of praise;*

*For Christ, by whom all things were made,*

*Himself has fasted and has prayed.*

*Alone and fasting Moses saw*

*The loving God who gave the Law;*

*And to Elijah, fasting, came*

*The steeds and chariots of flame.*

*So Daniel trained his mystic sight,*

*Delivered from the lions' might;*

*And John, the Bridegroom's friend, became*

*The herald of Messiah's name.*

*Then grant us, Lord, like them to be  
Full oft in fast and prayer with thee;  
Our spirits strengthen with thy grace,  
And give us joy to see thy face.*

*Father and Son and Spirit blest,  
To thee be every prayer addrest,  
Who art in threefold Name adored,  
From age to age, the only Lord. Amen.*

## THE MASS OF THE CATECHUMENS

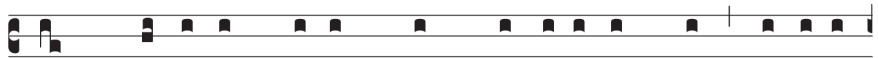
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### THE ENTRANCE RITES

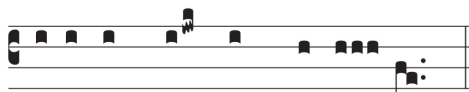
Introit — *Oculi mei* (PLEASE KNEEL)

*Psalm 25*

CANTORS: Mine eyes are ever looking unto the Lord,  
for he shall pluck my feet out of the net: \*

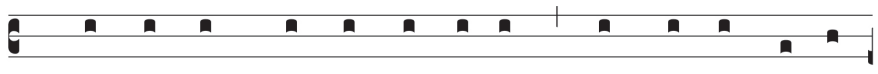


ALL: Look thou upon me, and have mercy upon me, for I am



deso-late, and in mi-se- ry.

CANTORS: Unto thee, O Lord, do I lift up my soul: \*

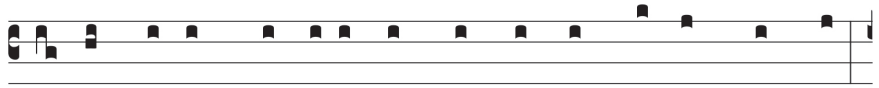


ALL: My God, in thee have I trusted, let me not be con-



found-ed.

*CANTORS:* Glory be to the Father, and to the Son, and to the Holy Ghost; \*



*ALL:* As it was-in the beginning, is now and ev-er shall be,

*ANTIPHON*



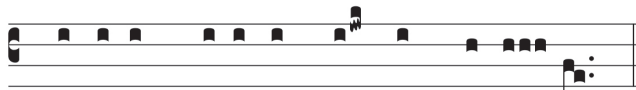
world with-out end. A-men      Mine eyes are ever-



looking unto the Lord, for he shall pluck my feet out of



the net: Look thou upon me, and have mercy upon me,-



for I am deso-late, and in mi-se- ry.

*CELEBRANT:* Our Father,  
Who art in heaven,  
Hallowed be thy Name,  
Thy kingdom come,  
Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
And forgive us our trespasses,  
As we forgive them that trespass against us;  
And lead us not into temptation,  
But deliver us from evil. Amen.

Almighty God,  
unto whom all hearts be open,  
all desires known, and from whom no secrets are hid:  
Cleanse the thoughts of our hearts  
by the inspiration of thy Holy Spirit,  
that we may perfectly love thee,  
and worthily magnify thy holy Name;  
through Christ our Lord.

R̃ Amen.

## The Summary of the Law

*CELEBRANT:* Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord;  
and thou shalt love the Lord thy God with all thy heart,  
and with all thy soul, and with all thy mind,  
and with all thy strength.

This is the first and great commandment

And the second is like unto it:

Thou shalt love thy neighbour as thyself.

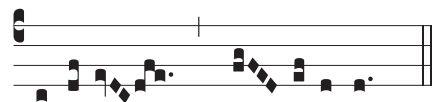
On these two commandments

hang all the Law and the Prophets.

*ALL:* Lord, have mercy upon us,  
and write both these thy laws in our hearts, we beseech thee.

## Kyrie Eleison

*Missa Salve Semperque — Mode i*



CANTORS }  
ALL }  
CANTORS }

Ky-ri-e e- le-i-son.

ALL  
CANTORS  
ALL } Chri- ste e- le-i-son.

CANTORS  
ALL } Ky-ri-e e- le-i-son.

CANTORS                      CHOIR                      ALL  
Ky-ri-e                                              e- le-i-son.

## The Collects

✠ The Lord be with you.  
 ✠ And with thy spirit.

Let us pray. (*PLEASE KNEEL*)

**W**E beseech thee, Almighty God, look upon the hearty desires of thy humble servants and stretch forth the right hand of thy Majesty to be our defence against all our enemies. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end.

✠ Amen.

Let us pray.

**A**LMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and



acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end.

R̄ Amen.

## THE LITURGY OF THE WORD

The Epistle: Ephesians 5:1 (*PLEASE BE SEATED*)

The Epistle is written in the fifth chapter of the Epistle of Paul the Apostle to the Ephesians, beginning at the first verse.

**B**E ye therefore followers of God, as dear children; and walk in love, as Christ also hath loved us, and hath given himself for us, an offering and a sacrifice to God for a sweet-smelling savour. But fornication, and all uncleanness, or covetousness, let it not be once named amongst you, as becometh saints; neither filthiness, nor foolish talking, nor jesting, which are not befitting; but rather giving of thanks: for this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ, and of God. Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience. Be not ye therefore partakers with them: for ye were sometimes darkness, but now are ye light in the Lord: walk as children of light; (for the fruit of the light is in all goodness, and righteousness, and truth;) proving what is acceptable unto the Lord. And have no fellowship with the unfruitful works of darkness, but rather reprove them: for it is a shame even to speak of those things which are done of them in secret. But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light. Therefore it is said,

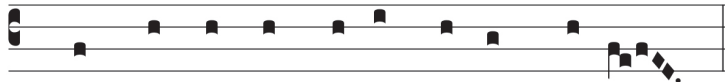
*Awake, thou that sleepest, and arise from the dead,  
And Christ shall give thee light.*

Here endeth the Epistle.

## Gradual — *Exsurge*

*Psalm 9*

CANTORS: Up, Lord, and let not man have the upper hand: \*



ALL: Let the heathen be judg-ed in thy sight.

CANTORS: While mine enemies are driven back: \*



ALL: They shall fall and pe-rish at thy pre-sence.

## Tract — *Ad te levavi*

*Psalm 123*



CANTORS: Unto thee lift I up mine eyes: \*

O thou that dwellest in the heavens.

ALL: Behold, even as the eyes of **ser**-vants: \*

look unto the hand of their **mas**-ters.

CANTORS: And as the eyes of a maiden: \*

unto the hand of her mistress.

ALL: Even so our eyes wait upon the Lord our **God**: \*

until he have mercy up-**on** us.

CANTORS: Have mercy upon us, O Lord: \*

ALL: Have mercy up-**on** us.

## The Holy Gospel: S. Luke 11:14 (*PLEASE STAND*)

℣ The Lord be with you.

℟ And with thy spirit.

✠ The Holy Gospel is written in the eleventh chapter of the Gospel according to S. Luke, beginning at the fourteenth verse.

℟ Glory be to thee, O Lord.

JESUS was casting out a devil, and it was dumb; and it came to pass, when the devil was gone out, the dumb spake; and the people wondered. But some of them said, He casteth out devils through Beelzebul, the prince of the devils; and others, tempting him, sought of him a sign from heaven. But he, knowing their thoughts, said unto them, Every kingdom divided against itself is brought to desolation; and a house divided against itself falleth; if Satan also be divided against himself, how shall his kingdom stand? because ye say that I cast out devils through Beelzebul; and if I cast out devils by Beelzebul, by whom do your sons cast them out? therefore shall they be your judges. But if I cast out devils by the finger of God, no doubt the kingdom of God hath come upon you. When a strong man armed keepeth his palace, his goods are in peace; but when a stronger than he shall come upon him, and overcome him, he taketh from him all his armour wherein he trusted, and divideth the spoils. He that is not with me is against me: and he that gathereth not with me scattereth. When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house whence I came out; and when he cometh, he findeth it swept and garnished; then goeth he and taketh to him seven other spirits more wicked than himself, and they enter in, and dwell there; and the last state of that man is worse than the first.

R̃ Praise be to thee, O Christ.

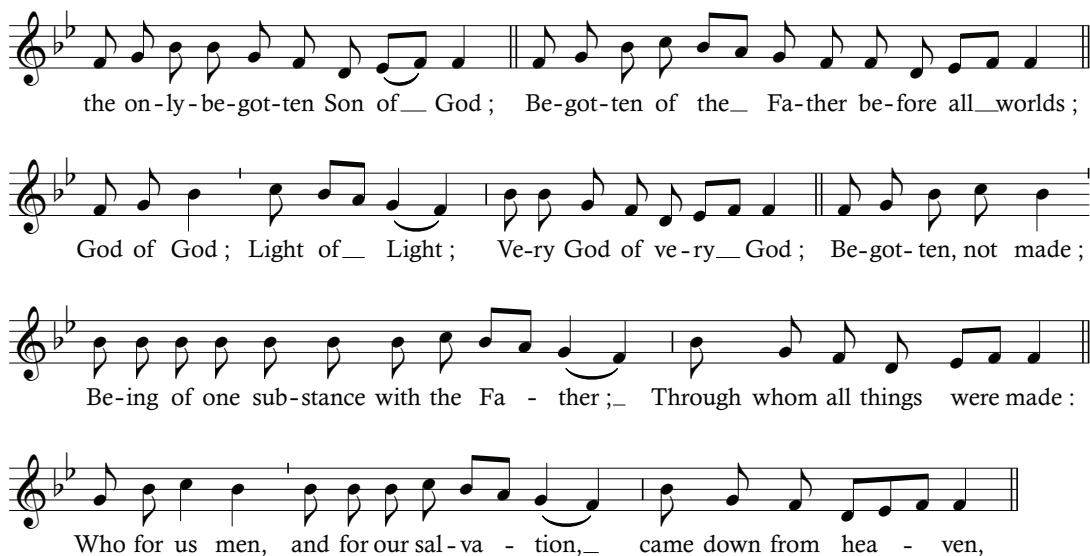
Creed (PLEASE STAND) (SAID AT 9 A.M.)

*Monasticus*

*Celebrant* *All*

I be-lieve in one\_ God: the Fa-ther Al-migh - ty, Ma-ker of hea-ven and earth,

And of all things vi - si - ble, and in - vi - si - ble: And in one Lord Je - sus\_ Christ,



the on-ly-be-got-ten Son of\_\_ God ; Be-got-ten of the\_\_ Fa-ther be-fore all\_\_worlds ;

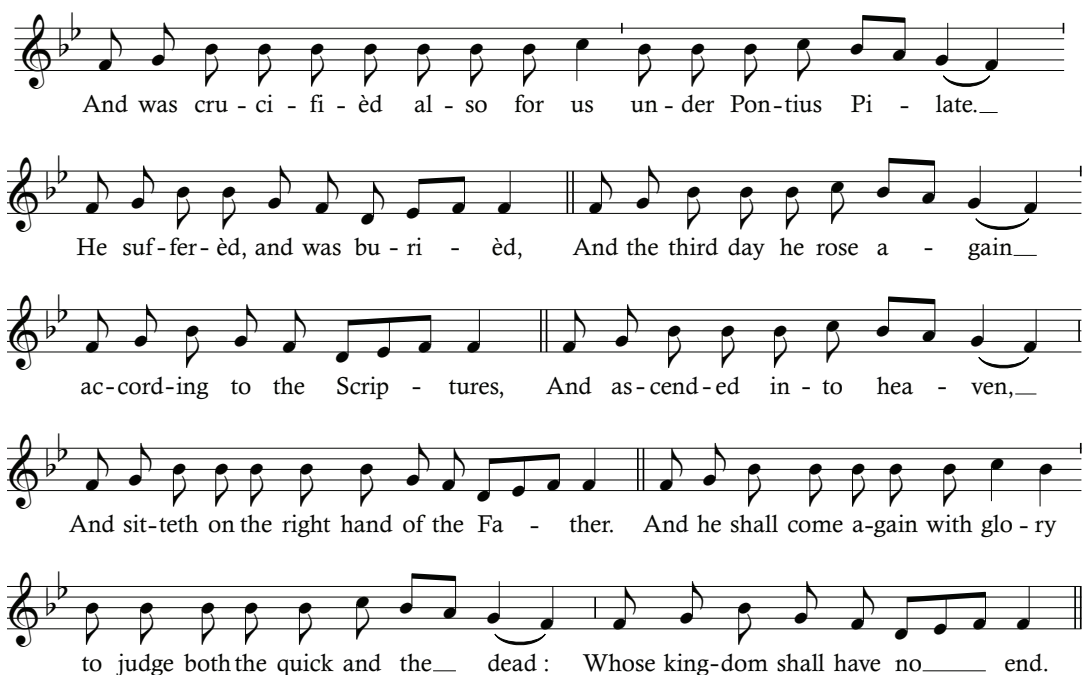
God of God ; Light of\_\_ Light ; Ve-ry God of ve-ry\_\_ God ; Be-got-ten, not made ;

Be-ing of one sub-stance with the Fa - ther ;\_ Through whom all things were made :

Who for us men, and for our sal-va - tion,\_ came down from hea - ven,

*ALL KNEEL AS THE CHOIR SINGS:*

AND WAS INCARNATE BY THE HOLY GHOST  
OF THE VIRGIN MARY, AND WAS MADE MAN:



And was cru - ci - fi - èd al - so for us un - der Pon-tius Pi - late.\_

He suf-fer - èd, and was bu - ri - èd, And the third day he rose a - gain\_\_

ac-cord-ing to the Scrip - tures, And as-cend-ed in - to hea - ven,\_

And sit-teth on the right hand of the Fa - ther. And he shall come a-gain with glo - ry

to judge both the quick and the\_\_ dead : Whose king-dom shall have no\_\_\_\_ end.

And I be-lieve in the Ho-ly Ghost, the Lord, The Gi-ver of Life :  
 Who pro-ceed-eth from the Fa-ther and the Son. Who with the Fa-ther and the Son  
 to-geth-er is wor-ship-pèd and glo-ri-fi - èd : Who spake by the Pro - phets.  
 And I be-lieve one Ho-ly Ca-tho-lic and A-pos-to-lic Church.  
 I ac-know-ledge one Bap - tism for the re-mis-sion of sins.  
 And I look for the Re-sur-rec-tion of the dead,  
 And the life of the world to come. A - - men.

The Prone (Bidding of the Bedes, Feasts & Fasts, Parish Announcements)

Sermon: The Father Vicar (11 A.M. ONLY)

PLEASE STAND AS THE CELEBRANT RETURNS TO THE ALTAR  
 AT THE CONCLUSION OF THE SERMON.

# THE MASS OF THE FAITHFUL (LITURGY OF THE EUCHARIST)

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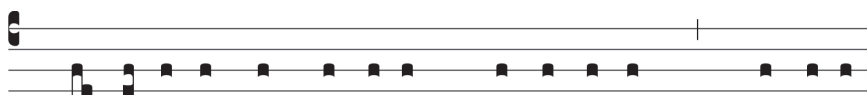
## OFFERTORY

✠ The Lord be with you.  
✠ And with thy spirit.  
Let us pray. (*PLEASE KNEEL*)

### Offertory Antiphon — *Justitiae Domini* (CANTOR)

*Psalm 19*

CANTORS: The statutes of the Lord are right, and rejoice the heart: \*



*'Tis thou who dost the soul defend,  
Be present with us to the end.  
Blest Three in One, and One in Three,  
Almighty God, we pray to thee,  
That thou wouldst now vouchsafe to bless  
Our fast with fruits of righteousness. Amen.*

**Orate Fratres** (CELEBRANT) (PLEASE KNEEL)

CELEBRANT: Pray, brethren, that this my sacrifice, and yours,  
may be acceptable to God the Father Almighty.

PEOPLE: The Lord receive this Sacrifice at thy hands,  
to the praise and glory of his Name, both to our benefit,  
and that of all his holy Church.

**Secrets (Prayers over the Gifts)**

**G**RANT, O Lord, we pray thee, that this oblation may  
in such wise cleanse us from all our sins: that we thy  
servants, being sanctified both in body and soul, may  
worthily offer unto thee this our sacrifice. Through Jesus  
Christ our Lord, who liveth and reigneth with thee and the  
Holy Spirit, one God, world without end.

℟ Amen.

**G**RANT, we beseech thee, O Lord, that like as we do  
by these our oblations bring to remembrance the  
institution of this holy Sacrament, so we may by thee be  
enabled to offer the same according to thy will. Through  
Jesus Christ our Lord, who liveth and reigneth with thee and  
the Holy Spirit, one God, world without end.

℟ Amen.

## Prayer for the Catholic Church *(CELEBRANT) (PLEASE REMAIN KNEELING)*

Let us pray for Christ's holy Catholic Church.

**A**Lmighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**W**E beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant CHARLES our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

**G**IVE grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Andrew our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, † and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

**A**ND we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired. †



WE ✠ remember before thee, O Lord, all thy servants departed this life in thy faith and fear: † and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

GRANT this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

R̃ Amen.

† *HERE THE CELEBRANT REMEMBERS THOSE FOR WHOM HE IS SPECIALLY BOUND TO PRAY, WHO HAVE NOT BEEN MENTIONED IN THE BIDDING OF THE BEDES. YOU MAY REMEMBER THOSE FOR WHOM YOU ARE OFFERING HOLY MASS, OR ANY PERSONS OR CLAIMS FOR WHICH YOU WISH TO PRAY.*

## Confession and Absolution

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*Almighty God,*

ALL: Father of our Lord Jesus Christ,  
Maker of all things, Judge of all men:  
We acknowledge and confess  
our manifold sins and wickedness,  
Which we from time to time  
most grievously have committed,  
By thought, word, and deed,  
Against thy Divine Majesty.

We do earnestly repent,  
And are heartily sorry for these our misdoings.  
Have mercy upon us, most merciful Father;  
For thy Son our Lord Jesus Christ's sake,  
Forgive us all that is past;  
And grant that we may ever hereafter  
Serve and please thee In newness of life,  
To the honour and glory of thy Name;  
Through Jesus Christ our Lord. Amen.

*CELEBRANT:* Almighty God, our heavenly Father,  
who of his great mercy hath promised forgiveness of sins  
to all them that with hearty repentance  
and true faith turn unto him:  
Have mercy upon you;  
✠ pardon and deliver you from all your sins;  
confirm and strengthen you in all goodness;  
and bring you to everlasting life;  
through Jesus Christ our Lord.  
℟ Amen.

Hear what comfortable words our Saviour Christ saith  
unto all that truly turn to him.

**C**OME unto me all that labour and are heavy laden,  
and I will refresh you. *S. Matthew 11:28*

God so loved the world, that he gave his only-begotten Son,  
to the end that all that believe in him should not perish,  
but have eternal life. *S. John 3:16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received,  
that Christ Jesus came into the world to save sinners.

*1 Timothy 1:15*

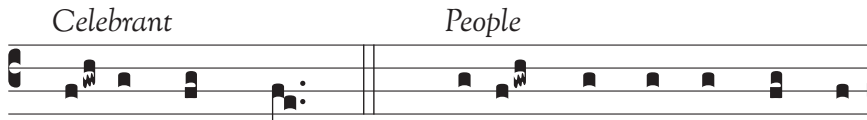
Hear also what Saint John saith.  
If any man sin, we have an Advocate with the Father,  
Jesus Christ the righteous;  
and he is the propitiation for our sins. *1 S. John 2:1,2*

## CONSECRATION AND OBLATION

### Sursum Corda and Preface



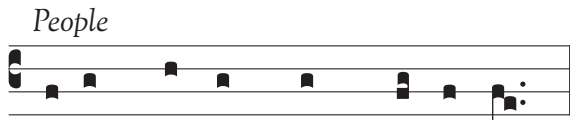
*℣. The Lord be with you.   ℟. And with thy spi-rit.*



*℣. Lift up your hearts. -   ℟. We lift them up un-to the*



*Lord.   ℣. Let us give thanks un-to our Lord God.-*



*℟. It is meet and right so to do.*

**I**T is very meet, right, and our bounden duty,  
that we should at all times, and in all places  
give thanks unto thee, O Lord, Holy Father,  
Almighty, Everlasting God,  
Creator and Preserver of all things.

BECAUSE that by our bodily fasting thou dost restrain  
the vice that is within us, dost raise our minds  
from things of earth, dost renew our strength and reward us  
with manifold blessings. Through Christ our Lord.

THEREFORE with Angels and Archangels,  
and with all the company of heaven,  
we laud and magnify thy glorious Name;  
evermore praising thee and saying:

# Sanctus and Benedictus

*Missa Salve Semperque — Mode v*

Cantors                      All

**S** ANCTUS, \* San-ctus, San-ctus Do-mi-nus De-  
us Sa- ba-oth. Ple-ni sunt cæ- li et ter-ra glo-ri- a  
tu- a. Ho- san-na in ex-cel- sis. Bene-di-ctus  
qui ve-nit in no-mi-ne Do-mini. Ho- san-na  
in ex-cel- sis.



CHRIST OUR PASSEOVER  
IS SACRIFICED FOR US  
THEREFORE  
LET US KEEP THE FEAST

# CANON OF THE MASS

*(CELEBRANT)*

**B**LESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

**H**EAR us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

**W**HO, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat;

THIS IS MY BODY WHICH IS GIVEN FOR YOU:  
Do this in remembrance of me."

**L**IKEWISE after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, "Drink ye all, of this;

FOR THIS IS MY BLOOD OF THE NEW COVENANT,  
WHICH IS SHED FOR YOU AND FOR MANY  
FOR THE REMISSION OF SINS:  
Do this, as oft as ye shall drink it,  
in remembrance of me."

**W**HEREFORE, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and

glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded;

**A**ND we entirely desire thy fatherly goodness mercifully to Accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and ✠ heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

℞ Amen.


## COMMUNION OF THE FAITHFUL

Pater Noster *(SAID AT 9 A.M.)*


*CELEBRANT:* Let us pray.

As our Saviour Christ hath commanded and taught us,  
we are bold to say,


	<i>CELEBRANT</i>	<i>ALL</i>
O		
	<p>UR Father, * who art in heav-en, Hal-low-ed be thy Name, Thy king-dom come, Thy will be done, on earth</p>	



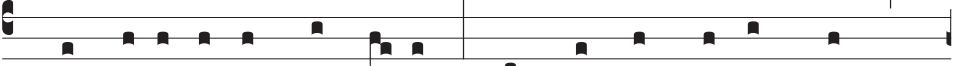
as it is in heav-en. Give us this day our dai-ly bread;




And for-give us our tres-pass-es, As we for-give them that



tres-pass a-gainst us; And lead us not in-to temp-ta-tion,




But de-liv-er us from e-vil. For thine is the king-dom,



the pow-er, and the glo-ry, For ev-er and ev-er. A-men.

## Fraction and Pax *(SAID AT 9 A.M.)*

*Celebrant*



The peace of the Lord be always with you.- R. And with thy spirit.-

## The Prayer of Humble Access

*CELEBRANT:* We do not presume

*ALL:* to come to this thy Table, O merciful Lord,  
 Trusting in our own righteousness,  
 But in thy manifold and great mercies.  
 We are not worthy  
 So much as to gather up the crumbs under thy Table.  
 But thou art the same Lord,



Whose property is always to have mercy:  
 Grant us therefore, gracious Lord,  
 So to eat the Flesh of thy dear Son Jesus Christ,  
 And to drink his Blood,  
 That our sinful bodies may be made clean by his Body,  
 And our souls washed through his most precious Blood,  
 And that we may evermore dwell in him,  
 And he in us. Amen.

# Agnus Dei

## Missa Salve Semperque — Mode v

*Cantors* *All*

**A** -GNUS De- i, \* qui tol-lis pec-ca-ta mun-di:

*Cantors* *All*

mi-se-re-re no-bis. Agnus De- i, \* qui tol-lis pec-ca-ta

*Cantors* *All*

mun-di: mi-se-re-re no-bis. Agnus De- i, \* qui tol-lis

pec-ca-ta mun-di: do-na no-bis pa-cem.

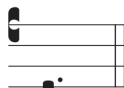
## Communion Antiphon — *Passer invenit*

*Psalm 84*

CANTORS: The sparrow hath found her an house, and the swallow  
a nest where she may lay her young: \*



ALL: Ev-en thy altars, O Lord of hosts, my King and my



God.

CANTORS: Blessèd are they that dwell in thy house: \*



ALL: They will be al-way prai-sing thee.

*THE CELEBRANT TURNS TO SHOW THE BLESSED SACRAMENT.  
THE PEOPLE LOOK UP AND MAKE THE SIGN OF THE CROSS.*

CELEBRANT: Behold the Lamb of God,  
behold him that taketh away the sin of the world.

*ALL SAY TOGETHER THREE TIMES, STRIKING THE BREAST AT EACH BEGINNING:*

ALL: Lord, I am not worthy  
that thou shouldest come under my roof,  
but speak the word only, and my soul shall be healed.

ALL CHRISTIANS WHO HAVE BEEN BAPTISED WITH WATER IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY GHOST, AND ARE COMMUNICANT MEMBERS OF THEIR OWN CHURCHES, ARE WELCOME TO RECEIVE THE HOLY COMMUNION.

THE SACRED HOST WILL BE PLACED UPON YOUR TONGUE OR IN THE PALM OF YOUR RIGHT HAND. IF YOU WISH TO RECEIVE A BLESSING, PLEASE FOLD YOUR ARMS ACROSS YOUR CHEST TO SIGNIFY THIS TO THE PRIEST.

SHOULD YOU BE UNABLE TO MANAGE STEPS, HOLY COMMUNION CAN BE ADMINISTERED AT YOUR PEW. PLEASE ASK ONE OF THE SIDESMEN, WHO WILL BE HAPPY TO ASSIST YOU.

THE FIRST PRAYER-BOOK EXHORTATION ENCOURAGES US TO RECEIVE THE SACRAMENT  
IN FAITH AND REPENTANCE, 'DISCERNING THE LORD'S BODY.'

**Lent Prose** *(PLEASE REMAIN KNEELING OR SEATED)*

(VERSES ARE SUNG BY THE CHOIR; ENGLISH HYMNAL NO. 736)

*REFRAIN (ALL):*



Hear us, O Lord, have mer-cy u-pon us: for we have sin-nèd a-against thee.

**Communion Motet** (CHOIR) (11 A.M. ONLY)

### Georg Neumark (1621-1681)

If thou but suffer God to guide thee

TEXT: PSALM 55

*If thou but suffer God to guide thee,  
And hope in him through all his ways,  
He'll give thee strength, whate'er betide thee,  
And bear thee through the evil days;  
Who trusts in God's unchanging love  
Builds on the rock that naught can move.*

Only be still, and wait his leisure  
In cheerful hope, with heart content,  
To take whate'er thy Father's pleasure,  
And all-deserving love hath sent;  
Nor doubt our inmost wants are known  
To him who chose us for his own.

*Sing, pray and keep his ways unswerving;  
So do thine own part faithfully,  
And trust his word, though undeserving;  
Thou yet shalt find it true for thee;  
God never yet forsook at need  
The soul that trusted him indeed.*

# THANKSGIVING

## Post-Communion Thanksgiving

Let us pray. (*PLEASE KNEEL*)

**A**Lmighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

℟ Amen.

## Post-Communion Collects

℣ The Lord be with you.

℟ And with thy spirit.

Let us pray. (*PLEASE KNEEL*)

**O**LORD, who sufferest us to be partakers of thy wondrous mysteries: grant, we beseech thee; that by thy mercy we may be absolved from all our iniquities, and defended against all adversities. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℟ Amen.

**W**E beseech thee, O Lord, mercifully to protect us who have now received this holy Sacrament: that this our fast may be acceptable in thy sight and profitable unto us for the healing of our souls. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

R̃ Amen.

### Blessing *(CELEBRANT)*

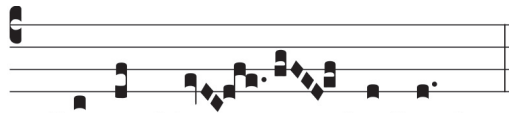
**T**HE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

R̃ Amen.

### Dismissal

Ÿ The Lord be with you.

R̃ And with thy spirit.



Ÿ Let us bless- the Lord.



R̃ Thanks- be to God.

### The Last Gospel: S. John 1:1 *(PLEASE REMAIN STANDING)*

Ÿ The Lord be with you.

R̃ And with thy spirit.

✠ The beginning of the Holy Gospel according to John.

R̃ Glory be to thee, O Lord.

IN the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made through him: and without him was not any thing made that was made: in him was life, and the life was the light of men: and the light shineth in darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made through him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his Name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. (ALL KNEEL) AND THE WORD WAS MADE FLESH (ALL RISE), and dwelt among us, and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

R̃ Thanks be to God.

## DEVOTIONS AFTER MASS

Angelus (11 A.M. ONLY)

℣ The Angel of the Lord brought tidings to Mary.

R̃ And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

℣ Behold the handmaid of the Lord.

R̃ Be it unto me according to thy word.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

✠ And the Word was made flesh.

✠ And dwelt among us.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

✠ Pray for us, O holy Mother of God.

✠ That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts;  
that as we have known the Incarnation of thy Son Jesus Christ  
by the message of an angel, so by his Cross ✠ and Passion,  
we may be brought unto the glory of his Resurrection.  
Through the same Christ our Lord.

✠ Amen.

## English Hymnal N° 418

Jesu, name all names above

*Werde Munter*

*Jesu, name all names above;*

*Jesu, best and dearest;*

*Jesu, Fount of perfect love,*

*Holiest, tenderest, nearest:*

*Jesu, Source of grace completest;*

*Jesu purest, Jesu sweetest;*

*Jesu, Well of power Divine,*

*Make me, keep me, seal me thine!*

*Woe that I have turned aside  
After fleshly pleasure!  
Woe that I have never tried  
For the heavenly treasure!  
Treasure, safe in homes supernal,  
Incorruptible, eternal;  
Treasure no less price hath won  
Than the Passion of the Son!*

*Jesu, crowned with thorns for me,  
Scourged for my transgression!  
Witnessing, through agony,  
That thy good confession!  
Jesu, clad in purple raiment,  
For my evils making payment:  
Let not all thy woe and pain,  
Let not Calvary be in vain!*

*Jesu, open me the gate  
That of old he entered  
Who, in that most lost estate,  
Wholly on thee ventured;  
Thou, whose wounds are ever pleading  
And thy Passion interceding,  
From my misery let me rise  
To a home in Paradise!*

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S. Bartholomew's Anglican Church,  
Regent Park

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