

The First Sunday in Lent

Sunday, 18 February 2024

9:00 a.m. Low Mass | 11:00 a.m. Litany & Sung Mass



Jesus carried up to a pinnacle of the temple,
James Tissot (1836–1902)



S. Bartholomew's Anglican Church, Regent Park
The Ancient Faith for the Contemporary World

S. BARTHOLOMEW'S IS A MINISTRY IN COLLABORATION WITH S. JAMES CATHEDRAL
DIOCESE OF TORONTO · ANGLICAN CHURCH OF CANADA

www.stbartstoronto.ca

Welcome to S. Bart's, Regent Park!

We're so happy to have you worshipping with us this morning!

CELEBRANT & PREACHER

The Rev'd Dr Walter Hannam,
Vicar, S. Bartholomew's

CANTOR

Katherine Hill, BMus, MA

SUNG BY

The Choir of S. Bartholomew's

ORGANIST

Fr David Smith

Litany & Sung Mass

IN KEEPING WITH ANCIENT TRADITION, THE ORGAN IS USED ONLY FOR ACCOMPANIMENT DURING LENT, WITH THE EXCEPTION OF LAETARE SUNDAY, THE 4TH SUNDAY OF LENT.

NOTE TO 9 O'CLOCK WORSHIPPERS: PLEASE TURN TO THE INTROIT ON PAGE 6.
THE EARLY MASS IS SAID RATHER THAN SUNG.

The Litany in Procession (11 A.M. ONLY)

O God the Father, Creator of heaven and earth: have mercy upon us.

O God the Father, Creator of heaven and earth: have mercy upon us.

O God the Son, Redeemer of the world: have mercy upon us.

O God the Son, Redeemer of the world: have mercy upon us.

O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.

O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.

O holy, blessed, and glorious Trinity, three Persons and one God:
have mercy upon us.

*O holy, blessed, and glorious Trinity, three Persons and one God:
have mercy upon us.*

Saint Mary, mother of God our Saviour, Jesus Christ: *pray for us.*

All ye holy angels and archangels, and all ye holy orders of blessed
spirits: *pray for us.*

All ye holy patriarchs and prophets, apostles, martyrs, confessors,
virgins, and all the blessed company of heaven: *pray for us.*

Remember not, Lord, our offences, nor the offences of our forefathers;
spare us, good Lord, spare thy people, whom thou hast redeemed
with thy most precious blood.

Spare us, good Lord.

From all evil and mischief; from sin, from the crafts and assaults
of the devil; from thy wrath, and from everlasting condemnation,
Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy;
from envy, hatred, and malice, and all uncharitableness,
Good Lord, deliver us.

From all uncleanness in thought, word, and deed;
and from all the deceits of the world, the flesh, and the devil,
Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood;
from plague, pestilence, and famine; from battle and murder,
and from sudden death,
Good Lord, deliver us.

From all sedition, conspiracy, and rebellion; from all false doctrine,
heresy, and schism; from hardness of heart, and contempt of thy Word
and Commandment,
Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity; by thy
Baptism, Fasting, and Temptation,
Good Lord, deliver us.

By thine Agony and bloody Sweat; by thy Cross and Passion;
by thy precious Death and Burial,
Good Lord, deliver us.

By thy glorious Resurrection and Ascension; by thy sending
of the Holy Spirit; by thy heavenly Intercession;
and by thy Coming again in glory,
Good Lord, deliver us.

In all times of tribulation; in all times of prosperity;
in the hour of death, and in the day of judgement,
Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God:
and that it may please thee to rule and govern
thy holy Church universal in the right way.
We beseech thee, good Lord.

To keep and strengthen in the true worshipping of thee, in holiness
of life, and in devotion to his people, thy servant CHARLES,
our most gracious King and Governor,
We beseech thee, good Lord.

To be his defender and keeper, giving him the victory
over all his enemies,
We beseech thee, good Lord.

To bless and preserve all the Royal Family,
We beseech thee, good Lord.

To give to all Bishops, Priests, and Deacons, true knowledge
and understanding of thy Word; and that both by their preaching
and living they may set it forth and show it accordingly,
We beseech thee, good Lord.

To send forth labourers into thy harvest; to prosper their work
by thy Holy Spirit; to make thy saving health known unto all nations;
and to hasten thy kingdom,
We beseech thee, good Lord.

To bless the people of our Country and the Commonwealth,
and to endue those set in authority with grace, wisdom,
and understanding,
We beseech thee, good Lord.

To bless and guide the Judges and Magistrates, giving them grace
to execute justice, and to maintain truth,
We beseech thee, good Lord.

To bless and keep the King's forces by sea, and land, and air,
and to shield them in all dangers and adversities,
We beseech thee, good Lord.

To give to all nations unity, peace, and concord,
that they may serve thee without fear,
We beseech thee, good Lord.

To bless and protect all who serve mankind by their labour
and learning,
We beseech thee, good Lord.

To preserve all that travel, all women labouring of child,
all sick persons and young children; and to show thy pity upon
all prisoners and captives,
We beseech thee, good Lord.

To defend, and provide for, all widows and orphans,
and all who are desolate and oppressed,
We beseech thee, good Lord.

To bless and keep all thy people,
We beseech thee, good Lord.

To give to all thy people increase of grace, to hear meekly thy Word,
and to receive it with pure affection, and to bring forth the fruit
of the Spirit,
We beseech thee, good Lord.

To bring into the way of truth all who have erred and are deceived,
We beseech thee, good Lord.

To strengthen such as do stand; to encourage the faint-hearted;
to raise up those who fall; and finally to beat down Satan under
our feet,
We beseech thee, good Lord.

To succour, help, and comfort all that are in danger, necessity,
and tribulation,

We beseech thee, good Lord.

To have mercy upon all men,

We beseech thee, good Lord.

To give and preserve to our use the kindly fruits of the earth,
so that in due time we may enjoy them,

We beseech thee, good Lord.

To forgive our enemies, persecutors, and slanderers,
and to turn their hearts,

We beseech thee, good Lord.

To give us true repentance; to forgive us all our sins, negligences,
and ignorances; and to endue us with the grace of thy Holy Spirit,
to amend our lives according to thy holy Word,

We beseech thee, good Lord.

Son of God, we beseech thee to hear us.

Son of God, we beseech thee to hear us.

O Lamb of God, that takest away the sin of the world;

Have mercy upon us.

O Lamb of God, that takest away the sin of the world;

Grant us thy peace.

O Christ, hear us.

O Christ, hear us.

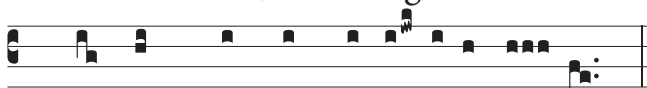
THE MASS OF THE CATECHUMENS

THE ENTRANCE RITES

Introit — *Invocabit me* (PLEASE KNEEL)

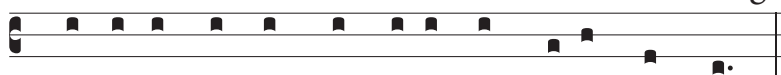
Psalm 91

CANTORS: He shall call upon me, and I will hearken unto him;
I will deliver him, and bring him to honour: *



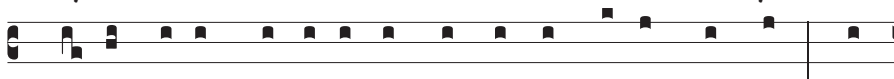
ALL: With length of days will I sa-tis-fy him.

CANTORS: Whoso dwelleth under the defence of the Most High: *



ALL: Shall a-bide under the shadow of the Al-migh-ty.

CANTORS: Glory be to the Father, and to the Son, and to the Holy Ghost; *

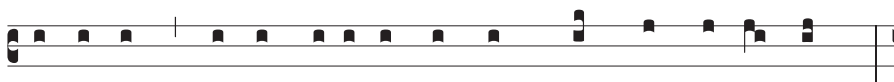


ALL: As it was in the be-gin-ning, is now and ev-er shall be, world

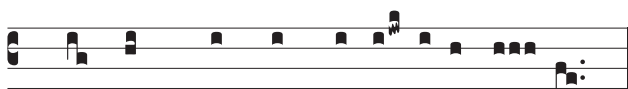
ANTIPHON



with-out end. A-men He shall call upon me, and I will hearken



unto him: I will de-li-ver him, and bring him to ho-nour:



with length of days will I sa-tis-fy him.

Kyrie Eleison *(ALL)*

Missa Salve semperque — Mode i

CANTOR
ALL
CANTOR } Ky-ri-e e- le-i-son.

ALL
CANTOR
ALL } Chri- ste e- le-i-son.

CANTOR
ALL } Ky-ri-e e- le-i-son.

CANTOR CHOIR ALL
Ky-ri-e e- le-i-son.

The Collects

✠ The Lord be with you.

℟ And with thy spirit.

Let us pray. *(PLEASE KNEEL)*

OLORD, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory; who livest and reignest with the Father and the Holy Spirit, one God, world without end.

℟ Amen.

Let us pray.

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end.

R̄ Amen.

THE LITURGY OF THE WORD

The Epistle: 2 Corinthians 6:1 (*PLEASE BE SEATED*)

The Epistle is written in the sixth chapter of the Second Epistle of Paul the Apostle to the Corinthians, beginning at the first verse.

WE then, as workers together with him, beseech you also, that ye receive not the grace of God in vain; (for he saith,

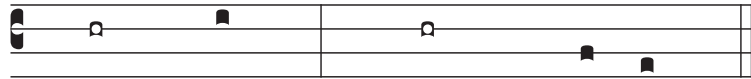
*I have heard thee in a time accepted,
And in the day of salvation have I succoured thee:*

behold, now is the accepted time; behold, now is the day of salvation;) giving no offence in any thing, that the ministry be not blamed; but in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labours, in watchings, in fastings; by pureness, by knowledge, by long-suffering, by kindness, by the Holy Spirit, by love unfeigned, by the word of truth, by the power of God; by the armour of righteousness on the right hand and on the left; by honour and dishonour, by evil report and good report; as deceivers, and yet true; as unknown, and yet well

Here endeth the Epistle.

Psalm 91

Psalm 91



CANTORS: His faithfulness and truth shall be thy shield and buckler: *
thou shalt not be afraid for any terror by night.

ALL: Nor for the arrow that flieth by day;
 for the pestilence that walketh in **dark**-ness: *
 nor for the sickness that destroyeth in the **noon**-day.

CANTORS: A thousand shall fall beside thee,
 and ten thousand at thy right hand: *
 but it shall not come nigh thee.

ALL: For he shall give his angels charge over **thee**: *
 to keep thee in **all** thy^ways.

CANTORS: They shall bear thee in their hands: *
 that thou hurt not thy foot against a stone.

ALL: Thou shalt go upon the lion and **ad**-der: *
 the young lion and the dragon
 shalt thou tread under **thy** feet.

CANTORS: Because he hath set his love upon me,
 therefore will I deliver him: *
 I will set him up, because he hath known my name.

ALL: He shall call upon me, and I will **hear** him: *
 yea, I am with him in **trou**-ble.

CANTORS: I will deliver him, and bring him to honour: *

ALL: With long life will I satisfy him,
 and show him my sal-**va**-tion.

The Holy Gospel: S. Matthew 4:1 (*PLEASE STAND*)

℣ The Lord be with you.

℟ And with thy spirit.

✠ The Holy Gospel is written in the fourth chapter
 of the Gospel according to S. Matthew, beginning
 at the first verse.

℟ Glory be to thee, O Lord.

THEN was Jesus led up by the Spirit into the wilderness, to be
 tempted by the devil. And when he had fasted forty days and

forty nights, he was afterward an-hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written,

*Man shall not live by bread alone,
But by every word that proceedeth out of the mouth of God.*

Then the devil taketh him up into the holy city, and setteth him on the pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down; for it is written,

*He shall give his angels charge concerning thee,
And in their hands they shall bear thee up,
Lest at any time thou dash thy foot against a stone.*

Jesus said unto him, It is written again,

Thou shalt not tempt the Lord thy God.

Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan; for it is written,

*Thou shalt worship the Lord thy God,
And him only shalt thou serve.*

Then the devil leaveth him, and behold, angels came and ministered unto him.

℟️ Praise be to thee, O Christ.

Creed (SAID AT 9 A.M.)

Monasticus

Celebrant *All*

I be-lieve in one_ God: the Fa-ther Al-migh - ty, Ma-ker of hea-ven and earth,
And of all things vi - si- ble, and in - vi - si - ble: And in one Lord Je - sus_ Christ,
the on - ly - be - got - ten Son of_ God; Be - got - ten of the_ Fa - ther be - fore all_ worlds;
God of God; Light of_ Light; Ve - ry God of ve - ry_ God; Be - got - ten, not made;
Be - ing of one sub - stance with the Fa - ther;_ Through whom all things were made:
Who for us men, and for our sal - va - tion,_ came down from hea - ven,

ALL KNEEL AS THE CHOIR SINGS:

AND WAS INCARNATE BY THE HOLY GHOST
OF THE VIRGIN MARY, AND WAS MADE MAN:

And was cru - ci - fi - èd al - so for us un - der Pon - tius Pi - late._
He suf - fer - èd, and was bu - ri - èd, And the third day he rose a - gain_

ac-cord-ing to the Scrip - tures, And as-cend-ed in - to hea - ven,___

And sit-teth on the right hand of the Fa - ther. And he shall come a-gain with glo - ry

to judge both the quick and the___ dead: Whose king-dom shall have no___ end.

And I be-lieve in the Ho - ly Ghost, the Lord, The Gi - ver of___ Life:.

Who pro-ceed-eth from the Fa-ther and the___ Son. Who with the Fa-ther and the Son

to-geth-er is wor-ship-pèd and glo-ri - fi - èd:___ Who spake by the Pro - phets.

And I be - lieve one Ho - ly Ca - tho - lic and A - pos - to - lic___ Church.

I ac-know-ledge one Bap - tism___ for the re - mis-sion of___ sins.

And I look for the Re - sur - rec - tion of the___ dead,___

And the life of the world to___ come. A - - men.---

The Prone (Bidding of the Bedes, Feasts & Fasts, Parish Announcements)

Sermon: The Father Vicar

THE MASS OF THE FAITHFUL (LITURGY OF THE EUCHARIST)

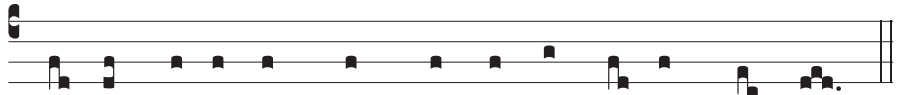
OFFERTORY

✠ The Lord be with you.
✠ And with thy spirit.
Let us pray. (PLEASE KNEEL)

Offertory Antiphon — *Scapulis suis* (CANTOR)

Psalm 91

CANTORS: He shall defend thee under his wings,
and thou shalt be safe under his feathers: *



ALL: His faith-fulness and truth shall be thy shield and buck-ler.

Offertory Motet

Lord, teach us how to pray aright

Thomas Tallis (1567)

TEXT: JAMES MONTGOMERY (1818)

*Lord, teach us how to pray aright,
With reverence and with fear;
Though dust and ashes in thy sight,
We may, we must draw near.
We perish if we cease from prayer;
O grant us power to pray;
And when to meet thee we prepare,
Lord, meet us by the way.*

*God of all grace we come to thee,
With broken, contrite hearts;
Give, what thine eye delights to see,
Truth in the inward parts;
Faith in the only sacrifice
That can for sin atone;
To cast our hopes, to fix our eyes
On Christ, on Christ alone.*

*Patience to watch and wait and weep,
Though mercy long delay;
Courage our fainting souls to keep,
And trust thee thou thou slay.
Give these, and then thy will be done;
Thus, strengthened with all might,
We, through the Spirit and thy Son
Shall pray, and pray aright.*

English Hymnal N° 73

Forty days and forty nights

Aus der tiefe

- 1 Forty days and forty nights
Thou wast fasting in the wild;
Forty days and forty nights
Tempted, and yet undefiled:*
- 2 Sunbeams scorching all the day;
Chilly dew-drops nightly shed;
Prowling beasts about thy way;
Stones thy pillow, earth thy bed.*
- 3 Shall not we thy watchings share,
And from earthly joys abstain,
Fasting with unceasing prayer,
Glad with thee to suffer pain?*

- 4 *And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.*
- 5 *So shall we have peace divine;
Holier gladness ours shall be;
Round us too shall Angels shine,
Such as ministered to thee.*
- 6 *Keep, O keep us, Saviour dear,
Ever constant by thy side;
That with thee we may appear
At the eternal Eastertide.*

Orate Fratres (CELEBRANT) (PLEASE KNEEL)

CELEBRANT: Pray, brethren, that this my sacrifice, and yours,
may be acceptable to God the Father Almighty.

PEOPLE: The Lord receive this Sacrifice at thy hands,
to the praise and glory of his Name, both to our benefit,
and that of all his holy Church.

Secrets (Prayers over the Gifts)

GRANT, we beseech thee, O Lord, that we which offer
unto thee this sacrifice in the beginning of our fast,
may use such abstinence from carnal feastings, that we
may likewise refrain ourselves from all pleasures that may
hurt the soul. Through Jesus Christ our Lord, who liveth
and reigneth with thee and the Holy Spirit, one God, world
without end.

R̄ Amen.

GRANT, we beseech thee, O Lord, that like as we do
by these our oblations bring to remembrance the

institution of this holy Sacrament, so we may by thee be enabled to offer the same according to thy will. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

R̄ Amen.

Prayer for the Catholic Church *(CELEBRANT) (PLEASE REMAIN KNEELING)*

Let us pray for Christ's holy Catholic Church.

ALmighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

WE beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant CHARLES our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

GIVE grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Andrew our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, † and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

AND we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired. †

WE ✠ remember before thee, O Lord, all thy servants departed this life in thy faith and fear: † and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

GRANT this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

R̃ Amen.

† *HERE THE CELEBRANT REMEMBERS THOSE FOR WHOM HE IS SPECIALLY BOUND TO PRAY, WHO HAVE NOT BEEN MENTIONED IN THE BIDDING OF THE BEDES. YOU MAY REMEMBER THOSE FOR WHOM YOU ARE OFFERING HOLY MASS, OR ANY PERSONS OR CLAIMS FOR WHICH YOU WISH TO PRAY.*

Confession and Absolution

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

SERVER: Almighty God,

ALL: Father of our Lord Jesus Christ,
Maker of all things, Judge of all men:
We acknowledge and confess
our manifold sins and wickedness,
Which we from time to time

most grievously have committed,
By thought, word, and deed,
Against thy Divine Majesty.
We do earnestly repent,
And are heartily sorry for these our misdoings.
Have mercy upon us, most merciful Father;
For thy Son our Lord Jesus Christ's sake,
Forgive us all that is past;
And grant that we may ever hereafter
Serve and please thee in newness of life,
To the honour and glory of thy Name;
Through Jesus Christ our Lord. Amen.

CELEBRANT: Almighty God, our heavenly Father,
who of his great mercy hath promised forgiveness of sins
to all them that with hearty repentance
and true faith turn unto him:
Have mercy upon you;
✠ pardon and deliver you from all your sins;
confirm and strengthen you in all goodness;
and bring you to everlasting life;
through Jesus Christ our Lord.
℟ Amen.

Hear what comfortable words our Saviour Christ saith
unto all that truly turn to him.

COME unto me all that labour and are heavy laden,
and I will refresh you. *S. Matthew 11:28*

God so loved the world, that he gave his only-begotten Son,
to the end that all that believe in him should not perish,
but have eternal life. *S. John 3:16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received,
that Christ Jesus came into the world to save sinners.

1 Timothy 1:15

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father,
Jesus Christ the righteous;
and he is the propitiation for our sins. *1 S. John 2:1,2*

CONSECRATION AND OBLATION

Sursum Corda and Preface



✠ The Lord be with you.



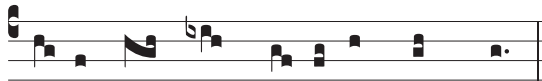
✠ And with thy spi-rit.



✠ Lift up your hearts.



✠ We lift them up unto the Lord.



✠ Let us give thanks unto our Lord God.



✠ It is meet and right so to do.

IT is very meet, right, and our bounden duty,
that we should at all times, and in all places
give thanks unto thee, O Lord, Holy Father,
Almighty, Everlasting God,
Creator and Preserver of all things.

BECAUSE that by our bodily fasting thou dost restrain
the vice that is within us, dost raise our minds
from things of earth, dost renew our strength and reward us
with manifold blessings. Through Christ our Lord.

THEREFORE with Angels and Archangels,
and with all the company of heaven,
we laud and magnify thy glorious Name;
evermore praising thee and saying:

Sanctus and Benedictus

Missa Salve semperque — Mode v

Cantor *All*

S an-ctus, * San-ctus, San-ctus Do-mi-nus De- us Sa-
ba- oth. Ple-ni sunt cæ- li et ter- ra glo-ri- a tu- a.
Ho- san-na in ex-cel- sis. Be-ne-di-ctus qui ve-nit
in no-mi-ne Do-mi-ni. Ho- san-na in ex-cel- sis.

CANON OF THE MASS

(CELEBRANT)

BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

HEAR us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

WHO, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat;

THIS IS MY BODY WHICH IS GIVEN FOR YOU:
Do this in remembrance of me."

LIKEWISE after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, "Drink ye all, of this;

FOR THIS IS MY BLOOD OF THE NEW COVENANT,
WHICH IS SHED FOR YOU AND FOR MANY
FOR THE REMISSION OF SINS:
Do this, as oft as ye shall drink it,
in remembrance of me."

WHEREFORE, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do

make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded;

AND we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and ☩ heavenly benediction. Through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

R̃ Amen.

COMMUNION OF THE FAITHFUL

Pater Noster (SAID AT 9 A.M.)

CELEBRANT: Let us pray.

As our Saviour Christ hath commanded and taught us,
we are bold to say,

Celebrant *All*



O UR Father, who art in heav-en, Hal-low-ed be thy
Name, Thy king-dom come, Thy will be done, on earth
as it is in heav-en. Give us this day our dai-ly bread;



And for-give us our tres-pass-es, As we for-give them that



tres-pass a-against us; And lead us not in-to temp-tation,



But de-liv-er us from e-vil. For thine is the king-dom,



the pow-er, and the glo-ry, For e-ver and e-ver. A-men.

Fraction and Pax *(SAID AT 9 A.M.)*

Celebrant



The peace of the Lord be always with you.- R. And with thy spirit.-

The Prayer of Humble Access

CELEBRANT: We do not presume

ALL: to come to this thy Table, O merciful Lord,

Trusting in our own righteousness,

But in thy manifold and great mercies.

We are not worthy

So much as to gather up the crumbs under thy Table.

But thou art the same Lord,

Whose property is always to have mercy:

Grant us therefore, gracious Lord,

So to eat the Flesh of thy dear Son Jesus Christ,

And to drink his Blood,
 That our sinful bodies may be made clean by his Body,
 And our souls washed through his most precious Blood,
 And that we may evermore dwell in him,
 And he in us. Amen.

Agnus Dei

Missa Salve semperque — Mode v

Cantor *All*

A -gnus De- i, *qui tol- lis pec-ca- ta mun-di: mi-se-

Cantor *All*

re-re no- bis. Agnus De- i, *qui tol- lis pec-ca- ta mun-di:

Cantor *All*

mi-se-re-re no- bis. Agnus De- i, *qui tol- lis pec-ca- ta

mun-di: do-na no-bis pa- cem.

Communion Antiphon — *Scapulis suis*

Psalm 91

CANTORS: The Lord shall defend thee under his wings,
 and thou shalt be safe under his feathers: *



ALL: His faith-fulness shall be thy shield and buck-ler.

THE CELEBRANT TURNS TO SHOW THE BLESSED SACRAMENT.
THE PEOPLE LOOK UP AND MAKE THE SIGN OF THE CROSS.

CELEBRANT: Behold the Lamb of God,
 behold him that taketh away the sin of the world.

ALL SAY TOGETHER THREE TIMES, STRIKING THE BREAST AT EACH BEGINNING:

ALL: Lord, I am not worthy
 that thou shouldest come under my roof,
 but speak the word only, and my soul shall be healed.

ALL CHRISTIANS WHO HAVE BEEN BAPTISED WITH WATER IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY GHOST, AND ARE COMMUNICANT MEMBERS OF THEIR OWN CHURCHES, ARE WELCOME TO RECEIVE THE HOLY COMMUNION.

THE SACRED HOST WILL BE PLACED UPON YOUR TONGUE OR IN THE PALM OF YOUR RIGHT HAND. IF YOU WISH TO RECEIVE A BLESSING, PLEASE FOLD YOUR ARMS ACROSS YOUR CHEST TO SIGNIFY THIS TO THE PRIEST.

SHOULD YOU BE UNABLE TO MANAGE STEPS, HOLY COMMUNION CAN BE ADMINISTERED AT YOUR PEW. PLEASE ASK ONE OF THE SIDESMEN, WHO WILL BE HAPPY TO ASSIST YOU.

THE FIRST PRAYER-BOOK EXHORTATION ENCOURAGES US TO RECEIVE THE SACRAMENT IN FAITH AND REPENTANCE, 'DISCERNING THE LORD'S BODY.'

Lent Prose (PLEASE REMAIN KNEELING OR SEATED)
(VERSES ARE SUNG BY THE CHOIR; ENGLISH HYMNAL NO. 736)

REFRAIN (ALL):



Hear us, O Lord, have mer-cy u-pon us: for we have sin-nèd a-against thee.

THANKSGIVING

Post-Communion Thanksgiving

Let us pray. (PLEASE KNEEL)

ALMIGHTY and everliving God, we most heartily thank
thee that thou dost graciously feed us, in these holy

mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

R̄ Amen.

Post-Communion Collects

℣ The Lord be with you.

R̄ And with thy spirit.

Let us pray. (*PLEASE KNEEL*)

GRANT, O Lord, that this holy Sacrament, which we have received, may in such wise deliver us from our former nature: that we may be worthy to enter into the fellowship of thy saving mysteries. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

R̄ Amen.

WE beseech thee, O Lord, mercifully to protect us who have now received this holy Sacrament: that this our fast may be acceptable in thy sight and profitable unto us for the healing of our souls. Through Jesus Christ our Lord, who

liveth and reigneth with thee and the Holy Spirit, one God,
world without end.

R Amen.

Blessing *(CELEBRANT)*

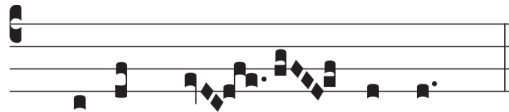
THE peace of God, which passeth all understanding,
keep your hearts and minds in the knowledge and love of
God, and of his Son Jesus Christ our Lord: And the blessing
of God Almighty, the Father, the Son, and the Holy Ghost, be
amongst you and remain with you always.

R Amen.

Dismissal

W The Lord be with you.

R And with thy spirit.



W Let us bless- the Lord.



R Thanks- be to God.

The Last Gospel: S. John 1:1 *(PLEASE STAND)*

W The Lord be with you.

R And with thy spirit.

✠ The beginning of the Holy Gospel according to John.

R Glory be to thee, O Lord.

IN the beginning was the Word, and the Word was with God, and
the Word was God. The same was in the beginning with God. All
things were made by him: and without him was not any thing made

that was made: in him was life, and the life was the light of men: and the light shineth in darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his Name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. *(ALL KNEEL)* AND THE WORD WAS MADE FLESH *(ALL RISE)*, and dwelt among us, and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

R̃ Thanks be to God.

DEVOTIONS AFTER MASS

Angelus *(11 A.M. ONLY)*

Ṽ The Angel of the Lord brought tidings to Mary.

R̃ And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death.*

Ṽ Behold the handmaid of the Lord.

R̃ Be it unto me according to thy word.

Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death.*

℣ And the Word was made flesh.

℟ And dwelt among us.

Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death.*

℣ Pray for us, O holy Mother of God.

℟ That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts;
that as we have known the Incarnation of thy Son Jesus Christ
by the message of an angel, so by his Cross ✠ and Passion,
we may be brought unto the glory of his Resurrection.
Through the same Christ our Lord.

℟ Amen.

English Hymnal N° 484

Take up thy cross, the Saviour said

Breslau

*Take up thy cross, the Saviour said,
If thou wouldst my disciple be;
Deny thyself, the world forsake,
And humbly follow after me.*

*Take up thy cross; let not its weight
Fill thy weak spirit with alarm;
His strength shall bear thy spirit up,
And brace thy heart, and nerve thine arm.*

*Take up thy cross, nor heed the shame,
Nor let thy foolish pride rebel;*

*The Lord for thee the Cross endured,
To save thy soul from death and hell.*

*Take up thy cross then in his strength,
And calmly every danger brave;
'Twill guide thee to a better home,
And lead to victory o'er the grave.*

*Take up thy cross, and follow Christ,
Nor think till death to lay it down;
For only he who bears the cross
May hope to wear the glorious crown.*

*To thee, great Lord, the One in Three,
All praise for evermore ascend;
O grant us in our Home to see
The heavenly life that knows no end.*

