

# The Fourth Sunday after Epiphany

(com. S. Charles Stuart)

Sunday, 30 January 2022

11:00 a.m.

(LIVE-STREAMED ONLINE ONLY)



“PEACE, BE STILL”



S. Bartholomew's Anglican Church, Regent Park  
*The Ancient Faith for the Contemporary World*

S. BARTHOLOMEW'S IS A MINISTRY IN COLLABORATION WITH S. JAMES CATHEDRAL  
DIOCESE OF TORONTO · ANGLICAN CHURCH OF CANADA

[www.stbartstoronto.ca](http://www.stbartstoronto.ca)

# *Welcome to S. Bart's, Regent Park!*

We're so happy to have you worshipping with us this morning!  
You'll find both the Order for Mass and the Weekly Notices in this booklet.

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## *Table of Contents*

30 JANUARY 2022

Order for Low Mass . . . . .	1
Weekly Notices. . . . .	20
Intercessions. . . . .	22
Poetry Corner . . . . .	24
Devotional Vignette . . . . .	25
Through the Week (Weekly Schedule). . . . .	26

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*CELEBRANT & PREACHER*

The Rev'd Dr Walter Hannam,  
*Vicar, S. Bartholomew's*

*CANTRIX*

Katherine Hill, BMus, MA

*GUEST ORGANIST*

David Simon, MM, FRCCO, ARCT

# Low Mass

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**Prelude**  
Oboe Tune

*William France*  
(1912-1985)

## THE MASS OF THE CATECHUMENS

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### THE ENTRANCE RITES

Introit — *Adorate Deum*  
(PLEASE KNEEL) (CANTOR)

*Psalm 97*

✠ All ye Angels of God, fall down, and worship before him:  
Sion heard, and was exceeding joyful,  
and the daughters of Judah were glad.  
The Lord is King, the earth may be glad thereof:  
yea, the multitude of the isles may be glad thereof.  
Glory be to the Father, and to the Son,  
and to the Holy Ghost:  
As it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*CELEBRANT:* Our Father,  
Who art in heaven,  
Hallowed be thy Name,  
Thy kingdom come,  
Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
And forgive us our trespasses,  
As we forgive them that trespass against us;  
And lead us not into temptation,  
But deliver us from evil. Amen.

Almighty God,  
unto whom all hearts be open,  
all desires known, and from whom no secrets are hid:  
Cleanse the thoughts of our hearts  
by the inspiration of thy Holy Spirit,  
that we may perfectly love thee,  
and worthily magnify thy holy Name;  
through Christ our Lord.

℟ Amen.

### The Summary of the Law

*CELEBRANT:* Our Lord Jesus Christ said:

Hear O Israel, The Lord our God is one Lord;  
and thou shalt love the Lord thy God with all thy heart,  
and with all thy soul, and with all thy mind,  
and with all thy strength.

This is the first and great commandment

And the second is like unto it:

Thou shalt love thy neighbour as thyself.

On these two commandments  
hang all the Law and the Prophets.

*ALL:* Lord, have mercy upon us,  
and write both these thy laws in our hearts, we beseech thee.

### Kyrie Eleison

Kyrie eleison. *Kyrie eleison.* Kyrie eleison.  
*Christe eleison.* Christe eleison. *Christe eleison.*  
Kyrie eleison. *Kyrie eleison.* Kyrie eleison.

## Gloria in Excelsis *(PLEASE STAND)*

*CELEBRANT:* Glory be to God on high,

*ALL:* and in earth peace, good will towards men.

We praise thee, we bless thee, we worship thee,  
we glorify thee, we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sin of the world, have mercy upon us.  
Thou that takest away the sin of the world, receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.

For thou only art holy; thou only art the Lord;  
thou only, O Christ, with the Holy Ghost,  
art ✠ most high in the glory of God the Father. Amen.

## The Collects

∞ The Lord be with you.

℞ And with thy spirit.

Let us pray. *(PLEASE KNEEL)*

**O** GOD, who knowest us to be set in the midst of so many  
and great dangers, that by reason of the frailty of our  
nature we cannot always stand upright: Grant to us such  
strength and protection, as may support us in all dangers,  
and carry us through all temptations. Through Jesus Christ  
our Lord, who liveth and reigneth with thee and the Holy  
Spirit, one God, world without end.

℞ Amen.

Let us pray. *(PLEASE KNEEL)*

**G**RANT we beseech thee Almighty God: that as we celebrate the heavenly birthday of blessed Charles thy Martyr; so by his prayers, we may be established in the love of thy holy Name. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℞ Amen.

## THE LITURGY OF THE WORD

The Epistle: Romans 13:1 *(PLEASE BE SEATED)*

The Epistle is written in the thirteenth chapter of the Epistle of Paul the Apostle to the Romans, beginning at the first verse.

**L**ET every man be subject unto the higher powers; for there is no power but of God: the powers that be are ordained of God. Whosoever therefore resisteth the power resisteth the ordinance of God: and they that resist shall receive to themselves judgement. For rulers are not a terror to good works, but to the evil. Wilt thou then not be afraid of the power? do that which is good, and thou shalt have praise of the same: for he is a minister of God to thee for good. But if thou do that which is evil, be afraid; for he beareth not the sword in vain: for he is a minister of God, an avenger to execute wrath upon him that doeth evil. Wherefore ye must needs be subject, not only for wrath, but also for conscience sake. And for this cause too ye pay taxes; for they are God's ministers, attending continually upon this very thing. Render therefore to all their dues; tribute to whom tribute is due, custom to whom custom, fear to whom fear, honour to whom honour.

Here endeth the Epistle.

The heathen shall fear thy Name, O Lord:  
and all the kings of the earth thy majesty.  
When the Lord shall build up Sion: and when his glory shall appear.

Alleluia, alleluia. The Lord is King, the earth may be glad thereof:  
yea, the multitude of the isles may be glad thereof. Alleluia.

The Holy Gospel: S. Mark 4:35 (*PLEASE STAND*)

∞ The Lord be with you.

℞ And with thy spirit.

✠ The Holy Gospel is written in the fourth chapter  
of the Gospel according to S. Mark, beginning  
at the thirty-fifth verse.

℞ Glory be to thee, O Lord.

**A**ND the same day, when the even was come, Jesus saith unto them, Let us pass over unto the other side. And when they had sent away the multitude, they took him even as he was in the ship. And there were also with him other little ships. And there arose a great storm of wind, and the waves beat into the ship, so that it was now full. And he was in the hinder part of the ship, asleep on a pillow: and they awake him, and say unto him, Master, carest thou not that we perish? And he arose, and rebuked the wind, and said unto the sea, Peace, be still. And the wind ceased, and there was a great calm. And he said unto them, Why are ye so fearful? how is it that ye have no faith? And they feared exceedingly, and said one to another, What manner of man is this, that even the wind and the sea obey him?

℞ Praise be to thee, O Christ.

## Creed

*CELEBRANT:* I believe in one God

*ALL:* the Father Almighty,  
Maker of heaven and earth,  
And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God,  
Begotten of the Father before all worlds;  
God, of God; Light, of Light; Very God, of very God;  
Begotten, not made; Being of one substance with the Father;  
Through whom all things were made:  
Who for us men and for our salvation  
came down from heaven,

*(ALL KNEEL)* And was incarnate by the Holy Ghost  
of the Virgin Mary, And was made man, *(ALL RISE)*

And was crucified also for us under Pontius Pilate.

He suffered and was buried,

And the third day he rose again according to the Scriptures,  
And ascended into heaven,

And sitteth on the right hand of the Father.

And he shall come again with glory  
to judge both the quick and the dead:

Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life,  
Who proceedeth from the Father and the Son,

Who with the Father and the Son  
together is worshipped and glorified,  
Who spake by the Prophets.

And I believe One, Holy, Catholic, and Apostolic Church.

I acknowledge one Baptism for the remission of sins.

And I look for the Resurrection of the dead,

And the ✠ Life of the world to come. Amen.

Sermon: The Father Vicar

## THE MASS OF THE FAITHFUL (LITURGY OF THE EUCHARIST)

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### OFFERTORY

℣ The Lord be with you.  
℟ And with thy spirit.  
Let us pray. (*PLEASE KNEEL*)

Offertory Antiphon — *Dextera Domini*

*Psalm 118*

(*CANTOR*)

The right hand of the Lord hath the pre-eminence,  
the right hand of the Lord bringeth mighty things to pass:  
I shall not die, but live, and declare the works of the Lord.

Orate Fratres (*CELEBRANT*) (*PLEASE KNEEL*)

*CELEBRANT*: Pray, brethren, that this my sacrifice, and yours,  
may be acceptable to God the Father Almighty.

*PEOPLE*: The Lord receive this Sacrifice at thy hands,  
to the praise and glory of his Name, both to our benefit,  
and that of all his holy Church.

Secrets (Prayers over the Gifts)

**G**RANT, we beseech thee, Almighty God: that the  
frailty of our mortal nature may by this oblation of our  
sacrifice be cleansed from all iniquity and defended against  
all temptations. Through Jesus Christ our Lord, who liveth  
and reigneth with thee and the Holy Spirit, one God, world  
without end.

℟ Amen.

**W**E beseech thee, O Lord, graciously to accept these our prayers and oblations: that we being cleansed by these heavenly mysteries may obtain of thy great mercy the fulfillment of all our desires. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℟ Amen.

Prayer for the Catholic Church (*CELEBRANT*) (*PLEASE KNEEL*)

**A**LMIGHTY and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace: And grant unto thy servant Elizabeth our Queen, and to all that are put in authority under her, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant Andrew our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations: And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired.

We ✠ remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

℣ Amen.

## Confession and Absolution

**Y**E that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*SERVER:* Almighty God,  
*ALL:* Father of our Lord Jesus Christ,  
Maker of all things, Judge of all men:  
We acknowledge and confess  
our manifold sins and wickedness,  
Which we from time to time  
most grievously have committed,  
By thought, word, and deed,  
Against thy Divine Majesty.

We do earnestly repent,  
And are heartily sorry for these our misdoings.  
Have mercy upon us, most merciful Father;  
For thy Son our Lord Jesus Christ's sake,  
Forgive us all that is past;  
And grant that we may ever hereafter  
Serve and please thee in newness of life,  
To the honour and glory of thy Name;  
Through Jesus Christ our Lord. Amen.

*CELEBRANT:* Almighty God, our heavenly Father,  
who of his great mercy hath promised forgiveness of sins  
to all them that with hearty repentance  
and true faith turn unto him:  
Have mercy upon you;  
✠ pardon and deliver you from all your sins;  
confirm and strengthen you in all goodness;  
and bring you to everlasting life;  
through Jesus Christ our Lord.  
℞ Amen.

Hear what comfortable words our Saviour Christ saith  
unto all that truly turn to him.

**C**OME unto me all that labour and are heavy laden,  
and I will refresh you. *S. Matthew 11:28*

God so loved the world, that he gave his only-begotten Son,  
to the end that all that believe in him should not perish,  
but have eternal life. *S. John 3:16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received,  
that Christ Jesus came into the world to save sinners.

*1 Timothy 1:15*

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father,  
Jesus Christ the righteous;  
and he is the propitiation for our sins. *1 S. John 2:1,2*

## CONSECRATION AND OBLATION

Sursum Corda and Preface

- ∞ The Lord be with you.
- ℞ And with thy spirit.
- ∞ Lift up your hearts.
- ℞ We lift them up unto the Lord.
- ∞ Let us give thanks unto our Lord God.
- ℞ It is meet and right so to do.

**I**T is very meet, right, and our bounden duty,  
that we should at all times, and in all places  
give thanks unto thee, O Lord, Holy Father,  
Almighty, Everlasting God,  
Creator and Preserver of all things.

**T**HEREFORE with Angels and Archangels,  
and with all the company of heaven,  
we laud and magnify thy glorious Name;  
evermore praising thee and saying:

Sanctus and Benedictus (*ALL*)

HOLY, Holy, Holy, Lord God of hosts,  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.

BLESSED ✠ is he that cometh in the Name of the Lord:  
Hosanna in the highest.

# CANON OF THE MASS

*(CELEBRANT)*

**B**LESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

Who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "TAKE, EAT; THIS IS MY BODY WHICH IS GIVEN FOR YOU: DO THIS IN REMEMBRANCE OF ME."

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, "DRINK YE ALL, OF THIS; FOR THIS IS MY BLOOD OF THE NEW COVENANT, WHICH IS SHED FOR YOU AND FOR MANY FOR THE REMISSION OF SINS: DO THIS, AS OFT AS YE SHALL DRINK IT, IN REMEMBRANCE OF ME."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded;

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion;

And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and ✠ heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

℞ Amen.

## COMMUNION OF THE FAITHFUL

### Pater Noster

*CELEBRANT:* Let us pray.

As our Saviour Christ hath commanded and taught us,  
we are bold to say,

Our Father,

*ALL:* Who art in heaven,

Hallowed be thy Name,

Thy kingdom come,

Thy will be done, on earth as it is in heaven.

Give us this day our daily bread;

And forgive us our trespasses,

As we forgive them that trespass against us;

And lead us not into temptation,

But deliver us from evil.

For thine is the kingdom, the power, and the glory,

For ever and ever. Amen.

## Fraction and Pax

☩ The peace of the Lord be always with you.  
✠ And with thy spirit.

## The Prayer of Humble Access

CELEBRANT: We do not presume

ALL: to come to this thy Table, O merciful Lord,  
Trusting in our own righteousness,  
But in thy manifold and great mercies.  
We are not worthy  
So much as to gather up the crumbs under thy Table.  
But thou art the same Lord,  
Whose property is always to have mercy:  
Grant us therefore, gracious Lord,  
So to eat the Flesh of thy dear Son Jesus Christ,  
And to drink his Blood,  
That our sinful bodies may be made clean by his Body,  
And our souls washed through his most precious Blood,  
And that we may evermore dwell in him,  
And he in us. Amen.

## Agnus Dei

O Lamb of God, that takest away the sin of the world,  
*have mercy upon us.*  
O Lamb of God, that takest away the sin of the world,  
*have mercy upon us.*  
O Lamb of God, that takest away the sin of the world,  
*grant us thy peace.*

Communion Antiphon — *Mirabantur omnes*

*S. Luke 4*

All wondered at the gracious words which proceeded out of his mouth.

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*THE ACT OF SPIRITUAL COMMUNION IS NOW READ  
FOR THE BENEFIT OF THOSE WHO ARE WATCHING MASS ONLINE  
AND UNABLE TO RECEIVE CHRIST SACRAMENTALLY DURING THIS MASS.*

## **ACT OF SPIRITUAL COMMUNION:**

*THE PRAYER BOOK TEACHES US (P. 584) THAT WE DO EAT AND DRINK  
THE BODY AND BLOOD OF OUR SAVIOUR CHRIST PROFITABLY TO OUR SOULS' HEALTH,  
ALTHOUGH WE DO NOT RECEIVE THE SACRAMENT WITH OUR MOUTHS.*

**I**N Union, dear Lord, with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

Come Lord Jesus, dwell in thy servant in the fullness of thy strength, in the perfection of thy ways, and in the holiness of thy spirit, and rule over every hostile power in the might of thy Spirit, and to the glory of thy Father. Amen.

May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.

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*THE CELEBRANT TURNS TO SHOW THE BLESSED SACRAMENT,  
THE PEOPLE LOOK UP AND MAKE THE SIGN OF THE CROSS.*

*CELEBRANT:* Behold the Lamb of God,  
behold him that taketh away the sin of the world.

ALL SAY TOGETHER THREE TIMES, STRIKING THE BREAST AT EACH BEGINNING:

ALL: Lord, I am not worthy  
that thou shouldest come under my roof,  
but speak the word only, and my soul shall be healed.

PLEASE SEE THE INSIDE COVER OF THIS LEAFLET FOR DETAILED INSTRUCTIONS  
ON RECEIVING COMMUNION DURING COVID-TIDE.

*THE FIRST PRAYER BOOK EXHORTATION ENCOURAGES US TO RECEIVE THE  
SACRAMENT IN FAITH AND REPENTANCE, 'DISCERNING THE LORD'S BODY.'*

*IF YOU WISH TO RECEIVE A BLESSING, PLEASE CROSS YOUR ARMS  
ACROSS YOUR CHEST TO INDICATE THIS TO THE CELEBRANT.*

## Communion Motet

O admirabile commercium

*O admirabile commercium!  
Creator generis humani,  
animatum corpus sumens,  
de Virgine nasci dignatus est:  
et procedens homo sine semine,  
largitus est nobis suam Deitatem.*

*O wondrous exchange!  
The Creator of mankind,  
taking our flesh upon him,  
vouchsafed to be born of a Virgin,  
and, without seed, becoming a man,  
hath made us partakers of his Divinity.*

*Fabio Costantini  
(c.1575-1644)*

## THANKSGIVING

Post-Communion Collects

∞ The Lord be with you.

℞ And with thy spirit.

Let us pray. (*PLEASE KNEEL*)

**O** GOD, who hast here bestowed upon us the bounty of thy heavenly gifts: grant, we beseech thee, that by the same we may be freed from all carnal and earthly desires, and ever strengthened by thy heavenly refreshment. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℟ Amen.

Let us pray.

**G**RANT, we beseech thee, O Lord our God: that like as we in this life do gladly honour the memory of thy Saints, so we may in heaven rejoice in their eternal fellowship. Through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

℟ Amen.

Blessing (*CELEBRANT*)

**T**HE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.

℟ Amen.

Dismissal

℣ The Lord be with you.

℟ And with thy spirit.

℣ Depart in peace.

℟ Thanks be to God.

The Last Gospel: S. John 1:1 *(PLEASE STAND)*

℣ The Lord be with you.

℟ And with thy spirit.

✠ The beginning of the Holy Gospel according to John.

℟ Glory be to thee, O Lord.

**I**N the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him: and without him was not any thing made that was made: in him was life, and the life was the light of men: and the light shineth in darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the light, that all men through him might believe. He was not that light, but was sent to bear witness of that light. That was the true light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God, even to them that believe on his Name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. *(ALL KNEEL) AND THE WORD WAS MADE FLESH (ALL RISE)*, and dwelt among us, and we beheld his glory, the glory as of the Only-begotten of the Father, full of grace and truth.

℟ Thanks be to God.

## DEVOTIONS AFTER MASS

### Angelus

℣ The Angel of the Lord brought tidings to Mary.

℟ And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

∞ Behold the handmaid of the Lord.

℟ Be it unto me according to thy word.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

∞ And the Word was made flesh.

℟ And dwelt among us.

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

*Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.*

∞ Pray for us, O holy Mother of God.

℟ That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, pour thy grace into our hearts;  
that as we have known the Incarnation of thy Son Jesus Christ  
by the message of an angel, so by his Cross ☩ and Passion,  
we may be brought unto the glory of his Resurrection.

Through the same Christ our Lord.

℟ Amen.

**Postlude**  
Finale Jubilante

*Healey Willan*  
(1880–1968)

# WEEKLY NOTICES

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*The Sanctuary Lamp burns for the repose of the soul of Susan Johnson  
Rest eternal grant unto her, O Lord!*

IN-PERSON WORSHIP RESUMES: Last Wednesday our bishops announced that **in-person worship could resume across the Diocese of Toronto on 1 February**, following the updated Amber-Stage protocols which we were following in December.

In-person worship will resume here at S. Bart's this Tuesday with the regular 12:30 celebration of mass. In-person Sunday worship will resume next Sunday, 6 February, Epiphany 5 with both 9 and 11 o'clock celebrations.

Please note that we ask those who wish to attend either Sunday mass to pre-register, either through our Eventbrite page or by contacting Fr Hannam. Pre-registration will not be required for the weekday low celebrations.

Please note that the Sung Mass on the Feast of Candlemas will be broadcast online only. The 12:30 Low Mass on Candlemas will be in person. Pre-registration will not be required.

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**THE S. BART'S FOOD BANK** is open Mondays and Thursdays from 10:00 a.m. until 11:30 a.m. (*The Food Bank will be closed on Thursday, 3 February 2022; Monday, 21 February, 2022 (Family Holiday); Thursday, 3 March, 2022; and Monday, 4 April, 2022.*)

**THE BREAKFAST PROGRAMME** continues each Thursday. Hot food is served from 6:00 a.m. until 8:00 a.m., with the doors opening at 5:30 a.m.

**CHILDREN & FAMILIES SERVICES:** S. Bart's hosts occasional online services for children and families. If you have children at home and your family is not already on the list to receive updates and invitations regarding these, please let the office know at [stbartsanglican@gmail.com](mailto:stbartsanglican@gmail.com).

**IF YOU LOVE S. BART'S**, please take a moment this week to give the parish a five-star review on Google. You may also want to share a line or two about why you choose to make your spiritual home here.

## FINANCIAL DONATIONS TO S. BART'S:

- Regular Givers are encouraged to take **tithing envelopes** for the coming year. This simplifies our parish counting and helps us to monitor our growth.
- Please consider using **pre-authorized debit** to make your contributions. This helps us in budgeting as well as keeping our cash flow consistent. Email [stbartstoronto@outlook.com](mailto:stbartstoronto@outlook.com) to request a fillable PDF.
- You may also send a donation via **E-transfer**. Here's how:
  1. *Login to your financial institution online or via mobile, and navigate to Interac e-Transfer.*
  2. *Select the account that you would like funds transferred from.*
  3. *Enter the amount that you would like to send.*
  4. *Add recipient, St. Bartholomew's Anglican Church.*
  5. *Add email address, stbartstoronto@outlook.com.*
- You may also send a donation via **PayPal**. Here's how:
  1. *Login to your PayPal account.*
  2. *Select "Send."*
  3. *Insert the email address: stbartstoronto@outlook.com*
  4. *Enter the amount that you would like to send.*
  5. *Confirm the details.*
  6. *Select "Send Money Now."*

*We did it!*

An enthusiastic "thank you" to all who helped us to achieve our 2021 target by making contributions over the past few days, weeks and months. As you know, our Annual Vestry 2021 approved a budget in which we anticipated \$125,000 in undesignated givings. Our final 2021 total for actual undesignated givings was \$127,674 — we surpassed our target!

*Brethren, you know the grace of our Lord Jesus Christ, that, though he was rich, yet for your sakes he became poor, that you through his poverty might become rich.*

(BCP P. 73, QUOTING 2 CORINTHIANS 8.9)



# INTERCESSIONS

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## ANGLICAN CYCLE OF PRAYER:

- **TODAY: Sunday, 30 January:** *We pray today for The Church of the Province of the Indian Ocean.*
- **Monday, 31 January:** *The Diocese of Kano – The Church of Nigeria (Anglican Communion) (Kaduna Province)*
- **Tuesday, 1 February:** *The Diocese of Kansas – The Episcopal Church (VII (7) Province)*
- **Wednesday, 2 February:** *The Diocese of Western Kansas – The Episcopal Church (VII (7) Province)*
- **Thursday, 3 February:** *The Diocese of Kanyakumari – The (united) Church of South India*
- **Friday, 4 February:** *The Diocese of Kapoeta – The Province of the Episcopal Church of South Sudan (Eastern Equatoria Province)*
- **Saturday, 5 February:** *The Diocese of Kapsabet – The Anglican Church of Kenya*

## ARCHBISHOP MACDONALD: For the intentions of Mark, National Indigenous Anglican Archbishop of the Anglican Church of Canada:

- Particularly we are asked to pray for discernment and help as the Indigenous Church deals with growing tension and stress in Indigenous communities, both urban and reserve, related to age-old issues amplified by the pandemic.
- For Indigenous communities across our Land who mourn the loss of their children: for a true reckoning of our past; for truth, repentance, forgiveness, and reconciliation.
- That communities may respond in many ways to the increased levels of death.
- That the need for pastoral and sacramental leadership in indigenous communities may be met.

## DIOCESAN CYCLE OF PRAYER:

- **TODAY: Sunday, 30 January:** *We pray today for the Holland Deanery.*
- **Monday, 31 January:** *S. James the Apostle, Sharon*
- **Tuesday, 1 February:** *S. Mary Magdalene, Schomberg*

- **Wednesday, 2 February:** *S. Paul, Newmarket*
- **Thursday, 3 February:** *Trinity Church, Aurora*
- **Friday, 4 February:** *The Rev'd Canon John Anderson, Canon Pastor*  
 & *The Rev'd Susan Haig, Deputy Canon Pastor*
- **Saturday, 5 February:** *The Diocesan Response Team*

**ABSENT & TRAVELLING:** Sam Hodgkins-Sumner; Christian Hegele; Anne White; Naomi, Patrick, Audrey, & Edward; Stefan

**THE SICK AND THOSE IN NEED: SUN (9:00 a.m.):** Anastasia, Andrew, Austin, George Barkhouse, Kristen Bauggue, Shannon Bauggue, Ronald Bentley, Frances Brittain; | **SUN (11:00 a.m.):** Robert Buckland Sr., the Carlén family, Matthew & Jackie Clemens, Carol, Coline, Cathy Cooke, Rose Cooke, Petronella Cormier, Grant Courtney, Muriel Crossgill, Kimberley Curtis, David; | **WED:** Dina, Elaine, Elise, Francesca, Jo-Anne Goyder, Heather, Scott Hunter, Jamie, The Jan Family, Jeremy; | **THU:** Joanna, John, Joy, Audrey Kern, Paul Leblanc, Seraphina Lee, Betty Leeson, Lene, Rhonda Lewis, Jeanine Luba, Mariah, Merle, Micah, Alan Newell; | **FRI:** Nicholas, Dorothy North, Scott Paterson, Elena Prokhorova, John Richards, John Riddell, Patricia Rittaca, Sophie; | **SAT:** Mary Spencer, Gilbert Steen, Taylor, Thomas, Helen Wai, Wayne

*Please note the vertical bars indicate the Mass at which the preceding group of persons are prayed for by name.*

**DAILY INTERCESSIONS:** John Anderson (*priest*), Jacob Bright, Carl, Dave and family, Denhea Chatrue, Diane, Elaine, Sr Elizabeth, *SLG*, Ellen, Dionne Govern, Grace, James Harris, Hilary, Barbara Jackson, Jennifer, Joshua, Judith Mark, Marlyn, Matthew and family, Eugene McBurney, Deborah McGinnis, Harold Nahabedian (*priest*), George North, Roxann Prince, Sara Pietrowski, Jonathan Price, Robert, Winsome Santokie, Valerie Sermé, Rachel Smith, Maria Sousa, Andrew Michael Tibando, David & Helen Upton, Denise VanDelft, Donna Vieira, Daniel Whiting

**DEPARTED:** Linton Scott, Arlene Sostorics (30 Jan 2020)

# POETRY CORNER

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## THE GLANCE

*by George Herbert (1593-1633)*

When first thy sweet and gracious eye  
Vouchsaf'd ev'n in the midst of youth and night  
To look upon me, who before did lie  
Weltring in sinne;

I felt a sugred strange delight,  
Passing all cordials made by any art,  
Bedew, embalme, and overrunne my heart,  
And take it in.

Since that time many a bitter storm  
My soul hath felt, ev'n able to destroy,  
Had the malicious and ill-meaning harm  
His swing and sway:

But still thy sweet originall joy,  
Sprung from thine eye, did work within my soul,  
And surging griefs, when they grew bold, controll,  
And got the day.

If thy first glance so powerfull be,  
A mirth but open'd and seal'd up again;  
What wonders shall we feel, when we shall see  
Thy full-ey'd love!

When thou shalt look us out of pain,  
And one aspect of thine spend in delight  
More then a thousand sunnes dispurse in light,  
In heav'n above.

# DEVOTIONAL VIGNETTE

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IN TODAY'S LITURGY, especially the Gospel (Matthew 8:23-27), Jesus appears in our midst as the ruler of the elements, the conqueror of all tempests. "And behold a great tempest arose in the sea, so that the boat was covered with waves." Let us think of all the persecutions which have beaten against Peter's barque, the Church, down through the ages; or we can think of the trials which God still permits individual souls to undergo. Whatever happens, the spirit of faith tells us that every struggle and tempest is willed, or at least permitted by God: "Everything is Grace" (St Thérèse of Lisieux, *Novissima Verba*); everything is the result of His infinite love. God is not a tyrant who crushes us, but a Father who tests us because He loves us. If He permits sorrow, interior or exterior trials, personal or public vicissitudes, it is only to draw out of them some greater good. Virtue and goodness are strengthened in time of difficulty; the efforts made in bearing trials tend to make us surpass what we would have done had we enjoyed perfect calm.

Jesus was sleeping peacefully in the stern of the boat when the terrified Apostles awakened him: "Lord, save us, we perish!" He answered them reproachfully, "Why are you fearful, O ye of little faith?"

If we are disturbed and upset by trials, it means that we lack faith. Even when God conceals Himself, when everything seems to fail us and we feel terribly alone, we can be absolutely certain that God will never abandon us if we do not first abandon Him. Instead of becoming bitter or falling into despair, it is the moment to intensify our faith, to make strong acts of faith. St Thérèse of the Child Jesus (St Thérèse of Lisieux) used to say, "I count on Him. Suffering may go to its limit, but I am sure He will never abandon me" (*Story of a Soul*).

- Adapted from Father Gabriel of S. Mary Magdalene, O.C.D.,  
*Divine Intimacy: Meditations on the Interior Life for Every Day of the Liturgical Year*

# THROUGH THE WEEK

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*Please check the website and subscribe to our enews list  
to stay informed of scheduling changes.*

<b>Sunday, 30 January</b>	<i>THE FOURTH SUNDAY AFTER EPIPHANY (com. S. Charles Stuart)</i> <b>11:00 a.m.</b> Low Mass with Sermon & Music ( <i>Live-stream only via YouTube</i> )
<b>Monday, 31 January</b>	<i>Feria</i> <b>10:00 a.m.</b> Food Bank (till 11:30 a.m.)
<b>Tuesday, 1 February</b>	<i>Feria</i> <b>12:30 p.m.</b> Low Mass ( <i>Requiem — RIP Arlene Sostorics</i> ) ( <i>In-person only - no registration required</i> )
<b>Wednesday, 2 February</b>	<i>THE PURIFICATION OF THE BLESSED VIRGIN MARY (Candlemas)</i> <b>12:30 p.m.</b> Low Mass ( <i>In-person only - no registration required</i> ) <b>5:30 p.m.</b> Evening Prayer ( <i>via Zoom - subscribe for invitation</i> ) <b>6:00 p.m.</b> Sung Mass with Procession & Candlemas Ceremonies ( <i>Live-stream only via YouTube</i> )
<b>Thursday, 3 February</b>	<i>S. Blaise, Bishop &amp; Martyr (com. S. Anskar, Bishop &amp; Confessor)</i> <b>6:00 a.m.</b> Breakfast Ministry (Doors open at 5:30 a.m., till 8:00 a.m.) <i>Please note that the Food Bank is closed, today only</i> <b>12:30 p.m.</b> Low Mass ( <i>In-person only - no registration required</i> ) <b>5:30 p.m.</b> Evening Prayer ( <i>via Zoom - subscribe for invitation</i> )
<b>Friday, 4 February</b>	<i>Feria</i> <b>12:30 p.m.</b> Low Mass (Of the Holy Cross) ( <i>In-person only - no registration required</i> ) <b>5:30 p.m.</b> Evening Prayer ( <i>via Zoom - subscribe for invitation</i> )
<b>Saturday, 5 February</b>	<i>Our Lady on Saturday</i> <b>11:00 a.m.</b> Low Mass ( <i>In-person only - no registration required</i> )
<b>Sunday, 6 February</b>	<i>THE FIFTH SUNDAY AFTER EPIPHANY</i> ( <i>com. S. Titus, Bishop &amp; Confessor</i> ) <b>9:00 a.m.</b> Low Mass ( <i>In-person only - pre-register online</i> ) <b>11:00 a.m.</b> Low Mass with Sermon & Music ( <i>In-person - pre-register online; or Live-stream via YouTube</i> )